

In Special Consultative Status with the ECOSOC at United Nations since 2011 (In association with UN-DPI)



ANNUAL REPORT (2020-21)



Agewell Foundation

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Agewell Foundation's vision for the older persons is to empower them to lead a life of dignity and respect. We believe, sustained efforts would not only create older persons friendly environment, it would also awaken a sense of responsibility amongst us all, to make this possible. Older persons do not need charity or sympathy. They need respect companionship and opportunities to live with their beliefs.

Agewell Foundation is committed to make a coordinated effort with compassion and understanding to transform social attitudes towards senior citizens. The effort is to create the infrastructure to empower every older person.



Agewell endeavours to bring about a change in the perception of old age and assist older persons to move surely but steadily from helplessness and self-pity towards - Confidence, Respect & Mutual Caring.

Agewell has been set up to initiate better interaction between the generations. It endeavours to:

- Bring about a change in perceptions about Old Age
- Initiate steps towards senior citizens friendly environment
- Evolve a sense of moral and social responsibility towards senior citizens
- Advocate for the needs and rights of senior citizens
- Extend a helping hand to senior citizens wherever required



AGEWELL'S HIGHLIGHTS

- Special Consultative Status with ECOSOC, United Nations since 2011
- Accredited with United Nations Department of Public Information (UN-DPI) as associate NGO
- Empaneled with National CSR Hub by TISS (Tata Institute of Social Sciences)
- Empaneled with NGO-DARPAN by NITI Aayog, Govt. of India
- Chairman, Working Group on Awareness and Capacity Building for Senior Citizens, Ministry of Social Justice & Empowerment, Govt. of India.
- Member, Sub-Group on Elderly Care, under NITI Aayog's CSOs Standing Committee, GoI
- Member, Committee of Experts on "impact of COVID-19 pandemic on human rights and future response", National Human Rights Commission
- Consortium of over 1500 NGOs spread across 718 districts of India
- Participated in Several **United Nations Conferences** including Working Sessions of **Open-Ended Working Group on Ageing** with various capacities like **Panelist** etc.
- International association & alliance with Association of American Retired People (AARP), USA, Global Action on Ageing (GAA), USA, Seniors Together in South Lanarkshire, UK, etc.
- Member, Working group on Reforming the Social Deviants and Caring the Other Disadvantaged, for XIIth , XIth & Xth Five-year-plan
- Member Council of National Literacy Mission Authority, Ministry of HRD, Govt. of India
- Member- Technical Advisory Committee, set up by UNFPA, ISEC & IEG
- Two-tier national voluntary network **7500 primary** & **80000 secondary volunteers**
- Interaction with approx. **25000 older persons** on daily basis
- 5 million+ older persons helped, 35000 assisted with jobs & 3490 Self -help groups
- Organized Series of Symposiums on Needs & Rights of Older Persons
- **40+ National Surveys** on issues concerning old people under Agewell Research & Advocacy Centre (for Needs & Rights of Older Persons)
- Projects supported by Indian Oil Corporation, Engineers India Ltd. India Trade Promotion Organization, ONGC, GAIL India, Oracle, Adobe, Azim Premji Foundation, Mercer Consulting, KPMG, Google, Squalor to Scholar, USA, Nasscom Foundation, HSBC Canara Oriental Life Insurance, Artemis Hospitals, Oiles India, etc.



P R O G R A M S

AGEWELL - HELPLINE FOR OLDER PERSONS

Agewell Foundation aims to disabuse the popular mind-set that regards old age with a sense of pity for their helplessness. Replacing it with an attitude of confidence, fostering respect for them and encouraging fortitude in them. And bringing a little certainty, even fun into their lives. A network of thousands of volunteers is already at work in given areas. They are constantly alert to attend, to matters of medical or emotional nature, affairs to do with security as well as legal and financial advice. They are spread across 718 districts of India so that no cry for help goes unanswered. **Agewell extends a helping hand to over 25,000 people daily across India**.

Objective and methodology of the Agewell Helpline:

- Helpline counters to identify and assist the needy. Understand their specific requirements, immediate as well as in long term.
- Assist them in identifying and availing best possible offerings as per their needs from all other voluntary organizations, NGOs, Govt. bodies and international organizations.
- Counsel them. Help them re-build themselves. Rekindle the self-confidence.
- Assess impact of disaster on individual life and families.
- Organism counseling and community participation activities
- Agewell Helpline for Older Persons also works as a bridge between the assistance seekers and the assistance providers.



AGEWELL - RESEARCH & ADVOCACY CENTRE (FOR NEEDS & RIGHTS OF OLDER PERSONS)

The Agewell Centre for Ageing is committed to bringing in a dynamic change for the Older Persons in terms of social participation & integration, economic security, macro societal change and development, healthy ageing, enhancing the physical and mental quality of life and ushering in care systems in diverse cultural, socio-economic and environmental situations.

The research agenda includes - studies in policy related areas of ageing where the findings may have practical and realistic application. Agewell undertakes advocacy on issues of concern for welfare of elderly with the government, national and international agencies, elected representatives e.g., parliamentarians, bureaucrats, political parties, business, industry and other structures of power & media at all levels.

Agewell attempts to initiate more extensive and comprehensive studies on the Older Persons, so that emerging needs, problems and rights of the older persons could be identified, understood & analysed in a completely changed socio-economic scenario, drawing a road map for the empowerment of older persons.

Over the years, Agewell Foundation has also participated in all sessions of **United Nations Open Ended Working Group on Ageing** and submitted its representations/study reports from time to time. In addition, it has also represented older persons of the country at various other international/united nations' forums. **Agewell has conducted 40 research studies so far. Its Study reports submitted to United Nations, are also available on United Nations website https://social.un.org/ageing-working-group/eleventhsession.shtml**

During the year under report, Agewell Foundation has conducted following surveys/research studies;

- Survey on Impact of Covid-19 on Older Persons – April 2020
- Survey on Impact of Covid-19 on Older Persons – July 2020
- Comparative Study on Impact of Covid-19 on Older Persons – December 2020

Significant findings of the comparative study based on 3 consecutive surveys conducted by Agewell Foundation;

 According to the latest survey, less than 3/4th elderly respondents (74.5%) are cautious towards Covid-19 situation, while during the month of July 2020, 84.5% and during April 2020, 97.1% elderly had expressed their fear due to Covid-19.



Senior citizens among hardest hit by

lockdown: Survey

Our Bureau | Mumbai | Updated on April 27, 2020 | Published on April 27, 2020



Cite neglect by youngsters, apprehension over access to medicines, lack of personal space due to 24x7 presence of family members

The lockdown has dealt a body blow to the elderly across the country, Even as elderly patients say they



are missing the healing touch of their doctor at this time, the lockdown has resulted in deteriorating interpersonal relationships, leaving many depressed, apprehensive and resentful.

More than half (52 per cent) the elderly respondents who participated in a survey claimed their relation with family members, particularly their own children, further declined during the lockdown. Hardly any communication with children at this time, conflict of ego, interests and attitude were cited by the elderly as reasons for the benchman is reliable.

- As per the latest survey, approx. 72% elderly respondents asserted that the ongoing covid-19 situation has affected their health condition, while during July 2020 & April 2020 percentage of such elderly was 61.0% & 55.3% respectively.
- 65.3% of elderly patients reportedly claimed that their family members force them to avoid visiting doctors / medical facilities due to fear of Coronavirus infection.
- According to the latest survey, among affected elderly, access to regular medicines / physiotherapy was the most critical health challenge being faced by them, as 25% respondents termed this as the most critical health challenge.

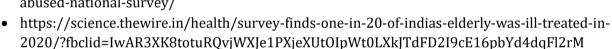
THE TIMES OF INDIA

Abuse has increased during lockdown, say 71% of elderly

• Anxiety/restlessness, sleeplessness, lack of appetite and lack of physical activity remained the most critical health challenges, being faced by elderly. According to 37.8% respondents' anxiety was the most critical challenge before elderly.

Media reports related to Budget 2021

- https://www.timesnownews.com/india/article/agewell-foundation-writes-to-pm-modi-forelderly-friendly-budgetary-provisions/704675
- https://www.zeebiz.com/personal-finance/news-budget-2021agewell-reveals-what-the-elderly-really-need-from-tax-reliefspecial-provision-in-schemes-to-revision-in-pension-145376
- https://tech.hindustantimes.com/tech/news/senior-citizens-arenot-averse-to-technology-it-s-time-to-teach-them-to-use-it-forsecurity-71610109246084.html
- https://mediawala.in/column/alok-mehta-coluam-Budget-mekaroro#.X_ssA-JlUAJ.whatsapp
- https://www.punjabkesari.in/blogs/news/budget-should-alsofocus-on-the-elderly-and-the-unorganized-hard-working-people-1311227
- https://theswaddle.com/1-in-20-elderly-indians-is-ill-treatedabused-national-survey/



Media reports related to Agewell Survey - June 2020

- https://www.livemint.com/news/india/covid-19-pandemic-worsened-situation-of-elderly-inindia-report-11592058368573.html
- https://timesofindia.indiatimes.com/india/abuse-has-increased-during-lockdown-say-71-ofelderly/articleshow/76377324.cms

Media reports related to Agewell Survey - May 2020

- https://www.thehindubusinessline.com/news/national/senior-citizens-among-hardest-hit-by-lockdown-survey/article31442543.ece
- https://thewire.in/rights/elderly-people-lockdown-health
- https://newsvibesofindia.com/senior-citizens-most-affected-amid-covid-19-lockdown-survey-19252/
- https://www.expresshealthcare.in/news/elderly-worst-affected-during-lockdown-agewellfoundation-survey/419307/
- https://timesofindia.indiatimes.com/city/delhi/just-18-of-infected-are-60-but-account-for-over-50-of-deaths/articleshow/75335789.cms
- https://exclusivenews.co.in/feature/elderly-are-the-worst-sufferers-during-covid-19-lock-down-agewell-survey
- https://www.deccanherald.com/national/north-and-central/relationship-between-elderly-andyounger-family-members-deteriorating-during-covid-19-lockdown-survey-829454.html
- https://www.livemint.com/news/india/covid-19-lockdown-shoot-up-interest-in-senior-living-facilities-11591191204638.html
- https://silvertalkies.com/lockdown-blues-how-a-pandemic-le.../#silvertalkies.com

CHANGING NEEDS OF OLDER PEOPLE IN INDIA With Special focus on Current Old Age Care & Support Scenario (February 2021)

A representative sample of 10000 older people (5016 from rural / slum areas and 4984 from urban areas) were interviewed spread across 300 districts of 27 states & Union Territories of India. The interviews were conducted during the months of January – February 2021

The objective of this research endeavour is to assess the fast-changing needs of older persons, current status of support mechanism available for them and future challenges through an in-depth qualitative study.

To further explore and understand the realism, the following are a set of specific objectives that have been framed to undertake research on the conditions of the older persons in the study area:

- To assess the status of healthcare provisions and schemes in the context of older persons
- To study livelihood and income generational opportunities for older persons
- To assess the social and financial security of the older persons including old age income security provisions in India
- To assess the need of skill development / re-skilling in old age
- To assess the awareness level about the schemes / provisions related to older persons in the society
- To review changing needs & rights of older people
- To advocate / recommend ground realities and some key findings to policy makers, planners and decision makers so that result oriented elderly friendly policies could be formulated / implemented in the country



Study Observations

In India, with the rapidly increasing number of older persons, all equations are changing very fast. While it is important and urgent to evaluate and provide for fulfilment, possible needs of every older person in a multi-faceted manner, it is equally critical and necessary to ensure their health, well-being, social security, financial security, skill training and dignity in old age.

In the past, during the times of traditional joint family system, almost all needs of older persons were looked after by their family members and relatives and their rights were well protected, as younger family members consider it their family as well as social responsibility to take care of their seniors in the last phase of their life.

It has been observed that majority of older people (60+) are comparatively healthier and active. After retirement they want to remain engaged and stay connected with the mainstream. With fast increasing role and importance of digital technology in day-to-day life, old people are also eager to learn digital technology, modern skills, etc. Instead of becoming a burden on national / family resources, older people prefer to contribute their experience, knowledge and resources and remain self-reliant as long as they can.

Today, with longer life span in old age, migration of younger people to other places in search of better opportunities and better life, fast changing trends in old age, most elderly prefer to live on their own or have to live without family support. Many of them, particularly 75+ senior citizens, have to suffer from loneliness/health problems.



Study Conclusion

- In India, issues concerning older persons and old age are turning into bigger challenges due to the unprecedented growth rate of elderly population, fast changing social and family structure, rapid urbanization, industrialization and globalization of economic sector.
- Today, older persons cannot be seen as burden on our society, but they must be recognized as a huge pool of resources, knowledge, experience and wisdom. Of course, they need social & financial security in old age, but at the same time they also need opportunities to utilize their resources and contribute in the mainstream.
- In order to address variety of challenges, there is a strong need for well-conceived approach towards new age older persons and older persons-friendly policies/schemes, implementable at grass root level.
- Social security system, assured old age healthcare, empowerment of older people through skill development and training programs, etc. are among most burning issues, which need to be addressed on priority basis. There is an urgent need to devise such frameworks that could ensure elder friendly environment in the society, where people can lead a more active, healthier and empowered life in old age.
- There is a need to create and spread awareness about fast changing needs & rights of older people and to educate and sensitize younger generations about issues concerning old age.

Study Recommendations

Following were the salient recommendations based on the study for the government, opinion leaders, policy makers and other concerned stakeholders;

- Dedicated healthcare services should be provided for older people, such as free medical counseling, home-visit, healthcare awareness, hygiene and sanitation services, etc.
- All bedridden / disabled / critically ill older persons should be registered and door-step medical assistance services should be ensured for them at local level

- Multi-activity centers and multi-skilling platforms must be set up for retired / young older people in urban and rural settings to keep themselves active and engaged
- Elderly Self-Help Groups must be promoted at all level to empower older people
- Dedicated Help lines (Phone / e-mail / portal / local) for older persons should be launched for extending advisory services / grievance redressal / counseling / for various issues i.e., financial, legal, medical, social, safety & security
- Old age pension and other social benefit distribution schemes should be reviewed with special emphasis on timely and fast delivery of benefits
- Atal Pension Yojana, National Pension Scheme and Swavlamban schemes should also be restructured in order to make them more effective
- Government must set up National Commission for the Aged, on the lines of National Commission for Women to protect rights and interests of older people
- Government must set up National Institute for Aged, on the lines of AIIMS for treatment of elderly and research in age related ailments
- Prime Minister's Self-Employment Scheme for Old People must be launched to offer gainful engagement opportunities to retired older persons

Media Reports about the study

- https://www.thenewsminute.com/article/25-indiansenior-citizens-reported-psychological-issues-duecovid-19-study-145520
- https://www.theweek.in/wireupdates/national/2021/03/18/des43-virus-studyelderly.html
- https://www.businessstandard.com/article/current-affairs/covid-19affected-health-condition-of-26-elderly-people-inindia-study-121031801323_1.html
- https://www.outlookindia.com/newsscroll/covid19affected-health-condition-of-26-pc-elderly-people-inindia-study/2049253
- https://www.news18.com/news/india/covid-19-affected-health-condition-of-26-per-cent-elderly-people-in-india-study-3548771.html
- https://m.economictimes.com/news/politics-and-nation/covid-19-affected-health-condition-of-26-per-cent-elderly-people-in-india-study/amp_articleshow/81574011.cms
- https://urallnews.com/covid-19-affected-health-condition-of-26-elderly-people-in-india-study/
- https://news104.com/covid-19-affected-health-condition-of-26-per-cent-elderly-people-in-indiastudy/
- https://health.economictimes.indiatimes.com/news/industry/covid-19-affected-health-conditionof-26-per-cent-elderly-people-in-india-study/81582944





Covid-19 affected health condition of 26 per cent elderly people in India: Study



- https://www.zeebiz.com/zeal/lifestyle/news-pandemic-hit-elderly-need-healing-touch-now-agewell-foundation-study-says-153146
- https://swachhindia.ndtv.com/covid-19-affected-health-condition-of-26-per-cent-elderly-peoplein-india-study-57552/\

Reports in Hindi Media

- https://react.etvbharat.com/hindi/rajasthan/bharat/covid-19-affected-26-percent-of-indiaselderly-health-study/na20210318214730453
- https://hindimedia.in/edgewell-foundation-survey-elders-scared-of-korona-epidemic-need-relief/
- https://hindi.business-standard.com/storypage_hin.php?autono=2068986
- https://www.prabhatkhabar.com/national/coronavirus-and-health-anxiety-corona-infection-has-affected-not-only-physical-but-also-mental-health-the-survey-revealed-shocking-pkj
- https://www.lokmatnews.in/india/kovid-19-affected-26-percent-of-indias-elderly-health-studyb421/
- https://www.lokmatnews.in/health/coronavirus-latest-update-covid-19-latest-news-coronavirus-vaccine-and-new-cases-latest-update-in-b418/

More details on Research Activities undertaken by Agewell Foundation can be seen at www.agewellfoundation.org

SHARE THE WARMTH CAMPAIGN *A WINTER INITIATIVE*



Agewell Foundation conducted "Share the Warmth" campaign to ensure no needy & destitute old person is deprived of warmth in Delhi-NCR during the year. Agewell has been conducting this campaign since 2010.

During the year 2020-21 the campaign was conducted from November 2020 to February 2021. Agewell

conducted the process of mobilizing donation & collection of old/used woolens from across Delhi & NCR & distribution of woolens amongst poor & needy older persons.

Agewell Foundation set up Collection Points at prominent locations, posh colonies, Clubs, Residents Welfare Associations, Corporate offices across Delhi NCR. Hundreds of Agewell volunteers spread across Delhi & NCR dedicated their time & efforts to make this initiative a great success.

Under the campaign over 1.40 lac pieces of woollens, etc collected and distributed amongst over 75,000 destitute and older people through distributions camps set up by volunteers across Delhi-NCR.



Major supporters to the campaign were Rotary Southend Club, Blessings Clinic, HPCL, India Habitat Centre, IMT Ghaziabad, FIIB, NCU, Woolmark, Max India Foundation, Olive Bar & Kitchen, etc.

HEALTHCARE EQUIPMENT DISTRIBUTION AMONG DESTITUTE ELDERLY (Slums of Delhi & NCR)

Agewell Foundation has been conducting healthcare equipment distribution campaigns to provide medical accessories to destitute elderly in Slums of Delhi & NCR for 8 years. During the year under review, Agewell volunteers identified over 14500 destitute & elderly as prospective beneficiary under the project.

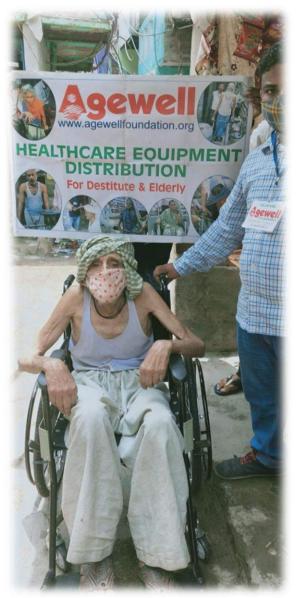
Agewell volunteers organized camps in various localities as per the convenience of the beneficiaries in coordination with local volunteers and distributed free healthcare equipment to destitute elderly.

Healthcare equipment distributed among the needy persons - Wheelchairs / Walkers / Walking sticks / Adult Diapers / etc.

Agewell Foundation has distributed over **3395 Wheelchairs, 6600+ Walkers, 190000+ Adult Diapers and other relief material** among destitute elderly across Delhi/NCR under Free Healthcare Equipment Distribution Camps during the year 2020-21.

Distribution of Wheelchairs and Adult Diapers among destitute elderly campaign was also supported by various PSUs and corporates like Oil & Natural Gas Corporation, Mercer Consulting, Ferolite Jointings, Hilite Industries, Omax Auto, Oiles India, GAIL India, Canara HSBC OBC Life Insurance, Benevity, Adobe, etc.

With continued regular support and encouragement from our donors like you, we successfully distributed **13850** Monthly Food Ration Packets, **3390** Wheelchairs, **6660** Walkers, **190000+** Adult Diapers and **140000+** pcs of woolens among them during the current financial year so far.



FREE FOOD PACKETS DISTRIBUTI ON AMONG DESTITUTE ELDERLY (In Slums of Delhi & NCR)

Agewell Foundation has initiated Free Food Packets Distribution campaign to provide food ration to destitute elderly in Slums of Delhi & NCR. During the year under review, Agewell volunteers identified over 6500 destitute & elderly as prospective beneficiary under the project. Agewell volunteers organized camps in various localities as per the convenience of the beneficiaries in coordination with local volunteers and distributed free food packets (containing Rice, Pulses, Edible Oil, Sugar, Masale, Tea, etc.) to destitute older persons living in BPL (below poverty line) families.

Agewell Foundation has distributed over **13950 Food Ration Packets** Food packets among destitute elderly across Delhi/NCR under the project during the year 2020-21.

Free Food Packets Distribution campaign was supported by various corporates like, Mercer Consulting, Azim Premji Foundation, Adobe, etc.



Distribution of Wellness Kits, Gift Packs & Nutri Kits AMONG DESTITUTE ELDERLY (In Slums of Delhi & NCR)

Ironically, even after 75 years of Independence, there are thousands of elderlies, who are still struggling for freedom from hunger and dignity in old age. Many of them are forced to live in inhuman conditions, due to non-availability of proper food, care and support.

In view of miserable living condition of elderly, particularly due to Covid-19 phenomenon we have initiated distribution of the following among destitute and needy elderly as per their requirements;

• Nutri Kit – worth Rs. 2100 per elderly (containing Daliya, Sattu, Electrol Powder, Esabgol, Glucon-D, Nutrila, Fruit Juice, Threptin Biscuits, Chyavanprash, etc.)

- Wellness Kit Worth Rs. 1500 per elderly (containing Sanitizer, Hand wash, Toilet Soap, Tooth Powder, Vaseline, Soframycin Tube, Burnol, crepe Bandage, Dettol, Cotton, Nail Cutter, Comb, Face Towel, Hair Oil, etc.)
- **Gift Pack Worth Rs. 1150 per elderly** (containing Sarees-Petticoat-Blouse for women / Kurta-Pajama for men, Chappal, Gamchha/Chunni, Hair Oil, Comb, Surf Pack, Bathing & Washing soaps, etc.)

Agewell Foundation has distributed over **6160 Wellness Kits**, **5580 Nutri Kits and 4250 Gift Packs** among destitute elderly across Delhi/NCR under the project during the year 2020-21.



AGEWELL EMPLOYMENT EXCHANGE FOR OLDER PERSPMS

Old age notwithstanding there are goals to achieve. Agewell strongly subscribes to that view and sees a tremendous opportunity in gainful re-employment. Indeed, there are many jobs that could well use their skills and expertise, and of course their years of experience. Agewell attempts to bring the opportunity seekers and providers together.

- An Intergenerational Initiative, as a gainful engagement for retired old persons
- Community involvement and to pursue opportunities for complete development of their potential
- Launched Eklavya Scheme (Home Tutors & Easy Accounts schemes).

Agewell Employment Exchange for Older Persons had received over 1120 calls/visits from older persons during the year 2020-21.

DIGITAL LITERACY PROGRAM FOR OLDER PERSONS (In Delhi & NCR)

With increasing role of modern communication and information technology in day-to-day's life, digitally illiterates (particularly 55+) find themselves totally lost and find it difficult to remain in mainstream. In view of gravity of the situation, there is an urgent need to bridge the knowledge and intergenerational gap in the society.

Foundation Agewell has heen conducting Digital Literacy Program for Old People since April 2016 in Delhi-NCR to empower them and make them computer literate, so that they can adjust themselves in modern fast paced life and lead a more comfortable and respectable life in old age. The program is bringing a qualitative change in the lives of elderly and helping in bridging the generation gap and bringing generations together.

The program was sponsored by Oracle during the year 2020-21. Over 21500 digitally illiterate older persons have been benefitted under the program.

Hindustan Times 06 March 01, 2021 Hindustan Times

Elderly make the digital switch during pandemic

Manoj Sharma Marillo snarma manajshara@Minutantines.com NEW DELHI: It is liam on Priday and a digital literacy class has just begun on video communica-tion platform Zoom. The learners — senior citizens aged 60 to 80 — are listening to the trainer, rapt; some are fervently jutting down motes. The first topic of the 15-day workshop is how to make a conference call on a smartphone. After 15 min-utes of instructions, the partici-pants are asked to make a con-ference call. Some flounder, but the faces of those who succeed him with pride and anazement. "I did not know how to use this feature on my phone, though I needed it to connect with my family and friends. It is so easy," says Om Prakash Gogal, 65, one of the most enthusiastic



Senior citizens take part in a digital literacy class by Agewell Foundation.

through apps. "We get about 100 calls a day compared to 10 before the pan-demic for our classes for seniors. Many of them are well-to-do and ve smartphones, b

"My friends say I am quite a tech pro. I watch news, movies, listen to music on YouTube, But tech-nology can help only if you don't have any hearing or eyesight

own digital compete says Bangalore-base "Initially, our particip from Bangalore only

AGEWELL SQULOR TO SCHOLOR PROJECT (For Supporting School Education Of Children Living In Slums)

During the year 2020-21 Agewell Foundation has continued Agewell Squalor to Scholar Project with the objective to support school education of children belonging to poor families living in slum clusters of Faridabad in the state of Haryana with support from Squalor to Scholar Inc., USA.

Under the project the Foundation is supporting expenses like school fees, uniforms, books and stationery, tuition, transportation expenses, medicines, etc. of children from disadvantaged families. The program is being monitored and coordinated by experienced and retired older persons.

Under the project 210+ children have been supported so far.



AGEWELL – VOLUNTEERS / SOCIAL WORKERS LOCAL NETWORK

Agewell Foundation has a local network of volunteers / social workers from all walks of the life. The network provides its services to older persons in and around Delhi. Agewell volunteers are available for counselling services for general, medical, legal and financial problems; for interaction with Older Persons; for companionship for Older Persons, living alone. Volunteers registered with Agewell include well-educated people, retired persons, working people, social workers, college students etc.

UNITED NATIONS / INTERNATIONAL DEVELOPMENTS During The Year

The 11th Working Session of the Working Group Virtually held from 29 March to 1 April 2021, at the United Nations Headquarters.



Open-ended Working Group on Ageing for the purpose of strengthening the protection of the human rights of older persons Agewell Foundation was invited by the NGO branch of United Nations Department of Economic & Social Affairs to participate as a Panelist in the 11th working Session during 2021. Agewell Foundation has

submitted its Study reports and representative documents for the conference which is also uploaded to the conference website.

https://social.un.org/ageing-working-group/documents/Changing-Needs-of-Old-People-In-India-tksMarch-2021.pdf

Other Initiatives / Proposed Programs of Agewell Foundation

"I am Responsible" Campaign

Agewell Foundation has initiated an outreach program in Delhi & NCR to sensitize young school children about needs & rights of older persons and conservation of electricity and water. Through the project the Foundation aims at sensitizing school children, through them their family members and also developing school children into responsible citizens of the future.

Self-Reliance in Old Age

Agewell Foundation organizes Series of Interactions with Older Persons and their Care-Givers across the country to create awareness amongst older persons about the concept of **Self-Reliance in Old Age** for living life comfortably and respectfully and sensitize them to adopt the concept of self-reliance in their respective lives.

Centre for Ageing and Interaction Centre for Older Persons

Centre to provide an opportunity for the older people to interact with like-minded people in old age. The Agewell centre addresses the issue of ageing from the perspective of creating an atmosphere of sustainable and tenable process of inclusion involving society at large to provide care and bevond an active ageing institutional framework. The centre is a platform that better understanding initiates of the problems of ageing from a social perspective and provides a platform for the aged as well as those concerned to come together to share and care.

Agewell Share A Smile With Your Elders – School Contact Programme

Due to fast paced lifestyle, popularity of nuclear families and many other factors old people are having a rough time today. Agewell believes that children could make the difference. If children are prompted to share a smile with the elders and spend a few moments together, the tide may start to turn. Agewell Foundation has embarked upon an ambitious social contact program of reaching out to a million-school students in Delhi in a bid to set off a feeling of acceptance and affection for the elders. Agewell Foundation has interacted with 200000 school children so far.

Dharohar Scheme (WILL Safekeeping)

To help older persons to live in a peaceful & harmonious environment in Old Age, the Foundation has launched a new scheme, "Dharohar", for safe-keeping of will documents for Older Persons.



Healthcare Training for bedridden older persons and their care-givers

Agewell Foundation continues to develop & publish Health Care Training manual in several vernacular languages and distributes among bedridden patients, older patients, their caregivers and family members. Agewell Foundation distributed 200000 training manuals in Delhi-NCR alone.

Agewell Monitoring & Evaluation Centre

Agewell Foundation undertakes innovative research studies, supervision and evaluation for routine social projects. The monitoring & evaluation activities will be in sectors like -Older Persons' Empowerment, Public Health, Women Empowerment, Education & literacy, Agriculture, Employment & Self Employment, Public awareness, Integrated Rural

Development, Tribal Welfare. Opinion surveys, Natural disaster zones. etc. Monitoring Evaluation and activities conducted by Agewell Foundation help in better implementation of the projects, developed for the welfare and empowerment of older persons.

Be an Ageweller (to help bedridden and elderly patients)

Agewell Foundation has initiated a project Being an Ageweller with the objective to add colours in the life of bedridden and elderly patients, facing loneliness, isolation and marginalization due to their poor health condition. under the project, Agewell volunteers (Agewellers) perform different kinds of music/dance/singing activity in front of bedridden / lonely elderly and entertain them.

Healthcare of Post-Menopausal Women

Project "Healthcare of Post-Menopausal Women" is an initiative towards improving health condition of disadvantaged women (48+), who have attained post-menopausal stage. Our volunteers comprising old retired people are repository of knowledge. experience and wisdom and the same could become the guiding force for women from underprivileged society. Under the project we identify, encourage, guide and patronize women from economically weaker section of society and empower them with strong healthcare intervention and knowledge under able supervision, guidance and patronage of old retired people.

MAJOR SPONSORS / SUPPORTERS DURING THE YEAR



Agewell Foundation

FINANCIALS

2020-21

agewellfoundation@gmail.com

www.agewellfoundation.org

Auditor's Report



A.K. NAIR & CO. CHARTERED ACCOUNTANTS

C-144, SARVODAYA ENCLAVE,

NEW DELHI-110017, Tel. (011) 26528099, 26968617 41829162-63, Fax. (011) 41829164, Email: <u>arvinair@yahoo.com</u>

AUDIT REPORT

FORM NO.10 B

We have examined the Balance Sheet of **Agewell Foundation** as at 31st March, 2021 and the Income & Expenditure Account for the year ended on that date which are in agreement with the books of accounts maintained by the said Trust.

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of our audit. In our opinion, proper books of accounts have been kept by the Trust so far as appears from our examination of the books.

In our opinion and to the best of our information and according to the information given to us, the said accounts give a true and fair view:

- i) in the case of the Balance Sheet of the state of affairs of the above named Trust as at 31st March,2021 and
- ii) in the case of the Income & Expenditure Account of the Excess of the Expenditure over Income of its accounting year ended on 31st March, 2021.

The prescribed Annexures are annexed hereto.

Place: New Delhi Date: 30/12/2021 UDIN: 22084690AAAABI6482 For A. K. Nair & Co. Chartered Accountants FRN: 011075N

[A. K. Nair] Partner M. No 84690

Balance Sheet

Agewell Foundation [Regd.No.DIT [E]-99-2000-A-1154/99/102] Balance Sheet as at 31.03.2021

	Schedule	As At 31.03.21 (Rs.)	As At 31.03.20 (Rs.)
Sources of Funds			
Trust Fund	1	75,43,346	38,80,284
Non-Current Liabilities	2	-	1,47,441
		75,43,346	40,27,725
Utilisation of Funds			
Fixed Assets	3	34,60,524	20,68,256
Current Assets	4	46,33,965	45,70,954
Less : Current Liabilities & Provisions Net Current Assets	5	5,51,143 40,82,822	26,11,485 19,59,46 9
		75,43,346	40,27,725

Schedule 1-4 form an integral part of this Balance Sheet As per report of evendate attached

FOR A.K. NAIR & CO. CHARTERED ACCOUNTANTS FRN: 011075N

A.K.NAIR PARTNER M.No: 84690

PLACE : New Delhi DATE : 30/12/2021 UDIN: 22084690 AAAABJIC482

For Agewell Foundation

For Agewell Foundation this and she hath

Trustee Chairman

Trustee

Trustee

Income and Expenditure Account

Agewell Foundation [Regd.No.DIT [E]-99-2000-A-1154/99/102] Income & Expenditure account for the year ended 31st March,2021

	Schedule	2020-21	2019-20
Income	6		
Donation		3,19,00,523	1,17,14,750
Grant		26,05,299	30,34,195
Donation in kind		72,24,444	82,13,500
Interest Income		3,23,110	1,68,729
Other Income		2,39,053	5,86,760
Total		4,22,92,429	2,37,17,933
Less:Transfer to reserve fund to the extent permitted		-	-
		4,22,92,429	2,37,17,933
Donation in Cash		-	-
		4,22,92,429	2,37,17,933
Expenditure			
Social Welfare expenses for elderly poor	7	3,83,38,099	2,79,74,622
Depreciation	3	2,91,267	1,52,330
		3,86,29,366	2,81,26,952
Excess of Income over Expenditure		36,63,062	(44,09,018)
Amount transferred to reserve fund		36,63,062	(44,09,018)

Schedule 5-8 form an integral part of this Income & Expenditure Account As per report of even date attached

FOR A.K. NAIR & CO. CHARTERED ACCOUNTANTS FRN: 011075N

A.K.NAIR PARTNER M.No: 84690

PLACE: New Delhi DATE: 30/12/2021 UDIN: 22084690 AAAABBTE 482

For Agewell Foundation

For Agewell Foundation

moly Rath Chairman

Trustee

For A rewell Foundation

agewellfoundation@gmail.com

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agewellfoundation@gmail.com



Agewell Foundation (In Special Consultative Status with the ECOSOC at United Nations since 2011) -Associated NGO Status with UN-DPI-

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