



In Special Consultative Status with ECOSOC, United Nations since 2011



ANNUAL REPORT 2022-23

www.agewellfoundation.org

VISION

Agewell Foundation’s vision for the older persons is to empower them to lead a life of dignity and respect. We believe, sustained efforts would not only create older persons friendly environment, it would also awaken a sense of responsibility amongst us all, to make this possible. Older persons do not need charity or sympathy. They need respect companionship and opportunities to live with their beliefs.

Agewell Foundation is committed to make a coordinated effort with compassion and understanding to transform social attitudes towards senior citizens. The effort is to create the infrastructure to empower every older person.



Agewell Foundation has received Mahatma Award for Social Good & Impact, 2022

MISSION

Agewell endeavours to bring about a change in the perception of old age and assist older persons to move surely but steadily from helplessness and self-pity towards - Confidence, Respect & Mutual Caring.

Agewell has been set up to initiate better interaction between the generations. It endeavours to:

- Bring about a change in perceptions about Old Age
- Initiate steps towards senior citizens friendly environment
- Evolve a sense of moral and social responsibility towards senior citizens
- Advocate for the needs and rights of senior citizens
- Extend a helping hand to senior citizens wherever required



AGEWELL'S HIGHLIGHTS

- **Special Consultative Status** with ECOSOC, **United Nations** since 2011
- Accredited with United Nations Department of Public Information (**UN-DPI-NGO**) as **associate NGO**
- **Chairman, Working Group on Awareness and Capacity Building for Senior Citizens, Ministry of Social Justice & Empowerment, Govt. of India**
- Member, **Committee of Experts on "impact of COVID-19 pandemic on human rights and future response"**, National Human Rights Commission
- **Member, Working Group on Older Persons, National Human Rights Commission**
- Participated in Several **United Nations Conferences** including Working Sessions of **Open-Ended Working Group on Ageing** with various capacities like **Panelist** etc.
- Participated as a **Speaker** at the **Subregional Conference: Gender Equality and Social Inclusion in South Asia: Reflections and Way Forward for ADB**, 4-7 October 2022 – Paro, **Bhutan**
- Set up a Consortium of over **1500 NGOs** and Two-tier national voluntary network - **7500 primary & 80000 secondary volunteers** spread across **768 districts** of India
- Received **Mahatma Award for Social Good & Impact, 2022**

Agewell Foundation's Major Initiatives

- Agewell **Helplines** for Older Persons since 1999 – **Helped over 7.6 million older persons**
- Agewell **Research & Advocacy** Centre for Needs & Rights of Older Persons – **Conducted 47 National Surveys** on issues concerning old people
- Distribution of **Healthcare Equipment** (Wheelchairs, Walkers, Adult Diapers, etc.) to destitute elderly– **47,200+ Wheelchairs, 14.8 Lac+ Adult Diapers, 28,900+ Walkers**
- Distribution of **Food Ration Packets** to poor elderly living in slums – Over **84,000 monthly food packets** distributed among destitute old people since the year 2020
- Distribution of **Nutri Kits, Wellness Kits and Gift Packs** among destitute elderly – **Over 28,800 Kits/Packs** distributed among the needy elderly since the year 2021
- **Digital Literacy** Program for Older Persons – **Over 4,51,000 older persons benefitted**
- **Share the Warmth** Campaign during winters – Collected and distribution of **31 lakh+ pcs** among destitute and elderly since the year 2010



AGEWELL INITIATIVES

HEALTHCARE EQUIPMENT DISTRIBUTION AMONG DESTITUTE ELDERLY LIVING IN SLUMS

Agewell Foundation has been conducting healthcare equipment distribution campaigns to provide medical accessories to destitute elderly in Slums of Delhi & NCR for 10 years. During the year under review, Agewell volunteers identified 35500+ destitute & elderly as prospective beneficiary under the project.

Agewell volunteers organized camps in various localities as per the convenience of the beneficiaries in coordination with local volunteers and distributed free healthcare equipment to destitute elderly.

Healthcare equipment distributed among the needy persons include Wheelchairs, Walkers, Walking sticks, Adult Diapers, etc.

Agewell Foundation has distributed **3960 Wheelchairs, 3750+ Walkers, 135600+ Adult Diapers and other relief material** among destitute elderly across Delhi/NCR under Free Healthcare Equipment Distribution Camps during the year 2022-23.

Distribution of Wheelchairs and Adult Diapers among destitute elderly campaign was also supported by various PSUs and corporates like Oil & Natural Gas Corporation, Mercer Consulting, Ferolite Jointings, Adobe, Nobel Hygiene, etc.



DISTRIBUTION OF FREE FOOD RATION PACKETS AMONG DESTITUTE ELDERLY LIVING IN SLUMS

Agewell Foundation has conducted Free Food Packets Distribution campaign to provide food ration to destitute elderly in Slums of Delhi & NCR. During the year under review, Agewell volunteers identified over 7800 destitute & elderly as prospective beneficiary under the project. Agewell volunteers organized camps in various localities as per the convenience of the beneficiaries in coordination with local volunteers and distributed free food packets (containing Daliya, Rice, Pulses, Edible Oil, Sattu/Gur, Sugar, Masale, Tea, Biscuits, rusk, etc.) to destitute older persons living in BPL (below poverty line) families.

Agewell Foundation has distributed over **12550 Food Ration Packets** Food packets among destitute elderly across Delhi/NCR under the project during the year 2022-23

Free Food Packets Distribution campaign was supported by various corporates and individual donors during the year.



DISTRIBUTION OF WELLNESS KITS, GIFT PACKS & NUTRI KITS AMONG DESTITUTE ELDERLY

In view of miserable living condition of elderly, particularly due to poverty and its impact on the elderly, Agewell Foundation continued distribution of the following among destitute and needy elderly as per their requirements;

- **Agewell Nutri Kit** (containing Daliya, Sattu, Electrol Powder, Esabgol, Glucon-D, Nutrila, Fruit Juice, Threptin Biscuits, Chyavanprash, etc.)
- **Agewell Wellness Kit** (containing Sanitizer, Hand wash, Toilet Soap, Tooth Powder, Vaseline, Soframycin Tube, Burnol, crepe Bandage, Dettol, Cotton, Nail Cutter, Comb, Face Towel, Hair Oil, etc.)
- **Agewell Gift Pack** (containing Sarees-Petticoat-Blouse for women / Kurta-Pajama for men, Chappal, Gamchha/Chunni, Hair Oil, Comb, Surf Pack, Bathing & Washing soaps, etc.)

Agewell Foundation has distributed **2550 Wellness Kits, 2450 Nutri Kits and 1990 Gift Packs** among destitute elderly across Delhi/NCR under the project during the year 2022-23.



AGEWELL - HELPLINE FOR OLDER PERSONS

Agewell Foundation aims to disabuse the popular mind-set that regards old age with a sense of pity for their helplessness. Replacing it with an attitude of confidence, fostering respect for them and encouraging fortitude in them. And bringing a little certainty, even fun into their lives. A network of thousands of volunteers is already at work in given areas. They are constantly alert to attend, to matters of medical or emotional nature, affairs to do with security as well as legal and financial advice. They are spread across 718 districts of India so that no cry for help goes unanswered. **Agewell extends a helping hand to over 25,000 people daily across India.**

Objective and methodology of the Agewell Helpline:

- To identify and assist the needy. Understand their specific requirements, immediate as well as in long term.
- Assist them in identifying and availing best possible offerings as per their needs from all other voluntary organizations, NGOs, Govt. bodies and international organizations.
- Counsel them. Help them re-build themselves. Rekindle the self-confidence.
- Assess impact of disaster on individual life and families.
- Organize counseling and community participation activities



Agewell Helpline for Older Persons also works as a bridge between the assistance seekers and the assistance providers.

AGEWELL - RESEARCH & ADVOCACY CENTRE (FOR NEEDS & RIGHTS OF OLDER PERSONS)

The Agewell Centre for Ageing is committed to bringing in a dynamic change for the Older Persons in terms of social participation & integration, economic security, macro societal change and development, healthy ageing, enhancing the physical and mental quality of life and ushering in care systems in diverse cultural, socio-economic and environmental situations.

The research agenda includes - studies in policy related areas of ageing where the findings may have practical and realistic application. Agewell undertakes advocacy on issues of concern for welfare of elderly with the government, national and international agencies, elected representatives e.g., parliamentarians, bureaucrats, political parties, business, industry and other structures of power & media at all levels.

Agewell attempts to initiate more extensive and comprehensive studies on the Older Persons, so that emerging needs, problems and rights of the older persons could be identified, understood & analysed in a completely changed socio-economic scenario, drawing a road map for the empowerment of older persons.

Over the years, Agewell Foundation has also participated in all sessions of **United Nations Open Ended Working Group on Ageing** and submitted its representations/study reports from time to time. In addition, it has also represented older persons of the country at various other international/united nations' forums. **Agewell has conducted 47 research studies so far.**

Study reports submitted to United Nations by Agewell Foundation, are also available on United Nations website <https://social.un.org/ageing-working-group/eleventhsession.shtml>

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During the year under report, Agewell Foundation has conducted following surveys/research studies;

- Impact Of Rising Inflation On Older Persons In India (*With A Special Focus On Impact On Their Human Rights*), July 2022
- Dilemma Of Elderly Women: Contribution Hardly Recognized, Rights Widely Violated, October 2022
- Right To Health And Access To Health Services In Old Age With Special Focus On Social Inclusion Of Older People, March 2023

Impact Of Rising Inflation On Older Persons In India (With a special focus on Impact on Their Human Rights), July 2022

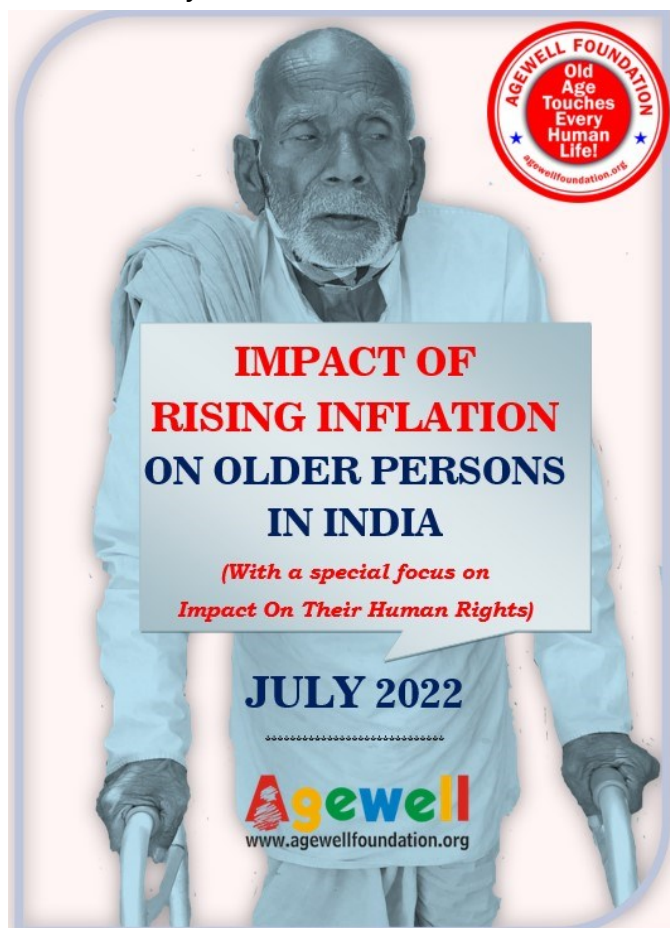
The national level study is concluded by Agewell Foundation during the month of July, 2022 and over 10000 elderly respondents from different socio-economic groups spread across 24 states/UTs of India were included as a sample size. The main objective of the study was to undertake a socio-economic situational study on the impact of rising inflation on the economic status, psychological issues and human rights of the older persons

[https://www.agewellfoundation.org/wp-content/uploads/2022/07/Study-Report-Impact-of-Inflation-on-Elderly .pdf](https://www.agewellfoundation.org/wp-content/uploads/2022/07/Study-Report-Impact-of-Inflation-on-Elderly.pdf)

Study Recommendations

In our country, the majority of elderly population depend on their respective family members and relatives. They don't remain productive during old age due to various factors like growing age, poor health condition, old age-related diseases, disabilities, psychological issues, etc. and have to depend on their savings / investments or limited pensions/ old age pension (if any). On the other hand, retired old people (mostly in the age group of 60-70) also have to remain unproductive due to non-availability of post-retirement gainful engagement opportunities.

These unproductive and / or dependent



older people are the worst sufferers of rising inflation. Their life becomes full of unpleasant compromises due to ever-increasing cost of living in old age.

Keeping in view of different socio-economic categories of older persons across the country, following measures can be adopted by concerned stakeholders at their level.

For older persons from economically backward backgrounds, in addition to food ration subsidy schemes, dedicated subsidy schemes should be launched for providing them medicines/ medical treatment / transportation services and should be implemented across the country.

Based on the observations, received from retired older persons from poor finance backgrounds, governments can take following steps, in order to contain rising inflation in the country;

- Address supply bottlenecks across the country
- Crackdown on food supply chain if hoarding happens,
- Ease import limits on pulses, oil seed etc.
- More duty cuts for edible oil imports,
- Prepare to use buffer stock if inflation spills over to cereals
- Focus on faster industrial output
- Boost income generating capacity to reduce burden on low-income households

To empower older persons, there is an urgent need to launch reskilling / retooling / digital literacy training initiatives for needy older persons, so that they can be helped in finding suitable gainful engagements and beat the rising inflation.

Governments and concerned stakeholders should also ensure protection of human rights of older persons, who are forced to live in inhuman conditions or facing elder abuse due to financial issues arising from rising inflation.

Media Coverage about the initiative;

- <https://economictimes.indiatimes.com/news/india/after-covid-rising-inflation-is-hitting-the-elderly-population-hard-agewell-study/articleshow/93218495.cms>
- <https://www.indiatv.in/india/national/report-on-old-people-after-corona-the-skyrocketing-inflation-broke-the-back-of-the-elderly-population-know-what-the-report-says-2022-07-30-869513>
- <https://www.outlookindia.com/topic/hitting-elderly-population>
- <https://navbharattimes.indiatimes.com/india/elderly-population-badly-affected-due-to-rising-inflation-after-kovid-19-edgewell-study/articleshow/93229287.cms>

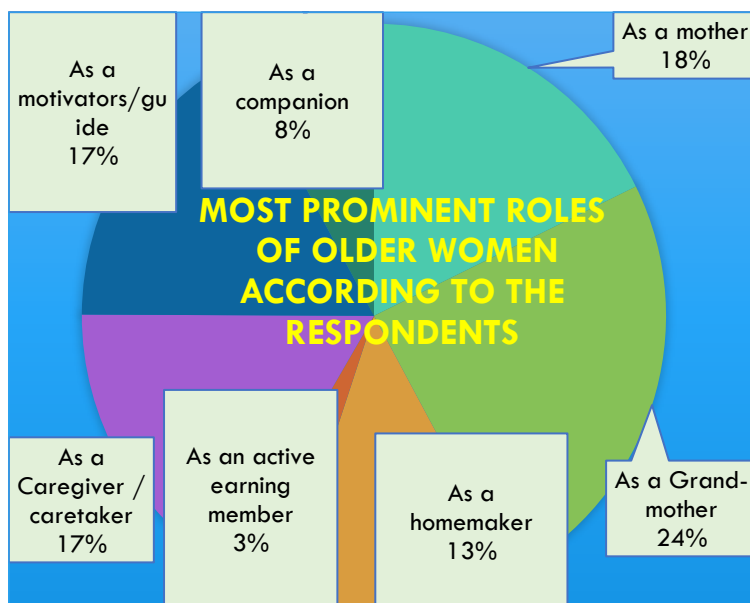


Dilemma Of Elderly Women: Contribution Hardly Recognized, Rights Widely Violated

To coincide with **UN International Day of Older Persons, 1st October 2022**, Agewell Foundation has carried out a survey on **Contribution of Older Women** among 10,000 older persons with support from its volunteers spread across the country. Survey findings indicate that women have to face socio-cultural deprivations and gender discrimination throughout their lifetime. Low literacy, low participation in gainful jobs, poor access to services/assets and poor healthcare/nutrition makes older women more vulnerable.

In spite of all odds, women outlive men. As per the Census population projection report **Life Expectancy at birth in 2022 is 69.4 years for men and 72.7 years for women. When life expectancy at the age of 60 is calculated, elderly women found living for 25-30 years in old age.**

Women always play constructive and positive roles throughout their life and contribute at all levels, be it family, society or nation. In India, women particularly older women are known for their sacrifice, integrity and commitment towards the wellbeing of their respective families and communities.



Over half of all older women face marginalization and discrimination upon the basis of their gender. Traditional gender roles and norms are considered responsible for gender-based marginalization and discrimination.

Economic Concerns

Despite India’s significant economic progress over the years, women’s economic participation has remained low. The underrepresentation of women in paid work has long term implications. One of them is that older women are less likely to have savings and financial support such as pension or retirement benefits. Therefore, they are economically dependent on others in old age.

Social Concerns

India has become a home to the highest number of elderly widows in the world. Widowed women suffer social stigmatisation and social & economic marginalisation and age discrimination.

Health Concerns

With fast growing elderly population, health concerns of older persons have also increased remarkably due to poor health and financial status in old age.

Contribution of Older Women

Despite all odds, the majority of older women take care of their grandchildren, look after house property, etc, cook food for their families, take care of household chores, and sometimes involve themselves in other informal work like visiting banks, shopping for their family members, etc.

Older women are a hidden workforce, which play an instrumental role in social as well as economic development of respective families and societies. Our elderly women are rich in traditional, cultural and moral values and inculcate human values in younger generations.

Right To Health And Access To Health Services In Old Age With Special Focus on **Social Inclusion of Older People, MARCH 2023**

For the study a total of 10000 respondents were interviewed by 560 volunteers across 25 states/union territories of India.

The main objective of the research initiative was to assess the status of the overall health condition of older persons in India, their right to health, access to the healthcare system & services, and challenges before them through an in-depth qualitative and comprehensive study

Study Recommendations

To ensure better access to health services, particularly for older people, governments and concerned stakeholders need to focus on the following issues:

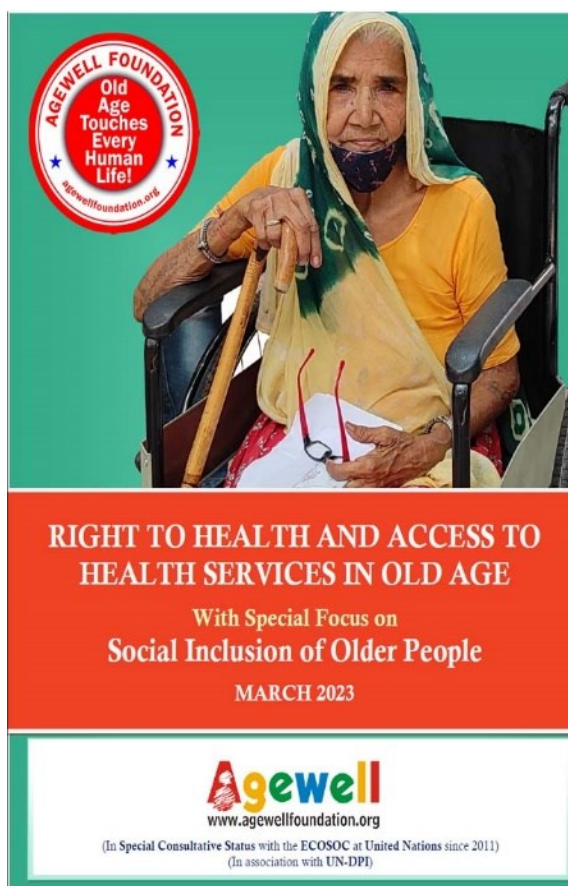
- Setting up more dedicated healthcare services and facilities for older people
- Setting up a network of Caregivers for Older Persons to look after elderly patients living alone without any family support in old age

- Medical and health insurance policies/ schemes for more years in old age
- Creating awareness about healthcare services and facilities, particularly available for older persons in rural and remote areas
- Free/concessional transportation services should be provided to elderly patients, particularly those living in rural/remote areas
- Setting up tele-healthcare initiatives like counseling services for older people
- Setting up dedicated Mobile clinics across the country, with special care for older people.
- Provisions of medicines/medical equipment/healthcare material like Adult Diapers free of cost/concessional rates for poor older people

For improving the existing status of social inclusion in old age, governments and concerned stakeholders should work together and focus on the following;

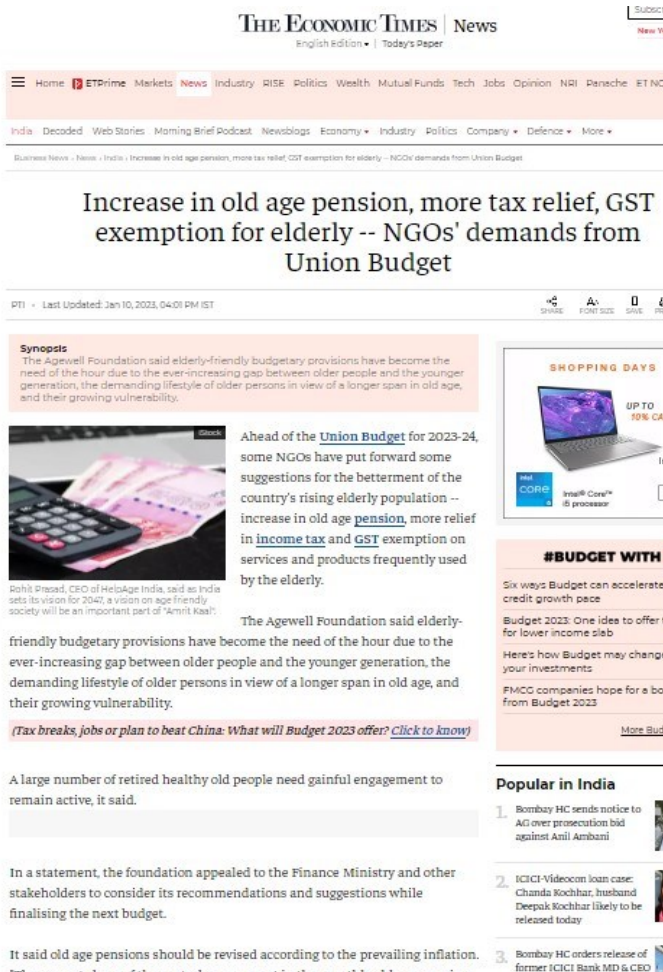
- Increase coverage of existing social inclusion initiatives and create innovative schemes for older people for ensuring their social inclusion
- Retired and older people should be promoted to self-employment in old age
- Organize digital literacy classes/soft skills training/retooling of retired and older people
- Retired and older people should be promoted to self-employment in old age
- Retired/ older people should be encouraged for setting up their self-help groups
- Retired/older people should be given opportunities to participate in the implementation of government schemes in their areas so that their experience, knowledge, wisdom, and time can be utilized
- Organize Social Inclusion / Social Empowerment Week or Day with a special focus on the social inclusion of older people

<https://www.agewellfoundation.org/wp-content/uploads/2023/03/Right-To-HealthAnd-Access-To-Health-Services-In-Old-Age-Social-Inclusionn-March-2023.pdf>



Submission of Representations during Budget 2023

During the Union Budget preparation, Agewell Foundation submitted representations to several concerned stakeholders, opinion makers and opinion leaders with an appeal to include older people friendly provisions in the budget. Media coverage about our initiatives are as under: -



- <https://timesofindia.indiatimes.com/india/ahead-of-budget-survey-finds-elderly-want-fm-to-devise-schemes-that-meaningfully-engage-the-retired/articleshow/97423517.cms?fbclid=IwAR0s0vur8hYikoKj1XY7LW54qfRIVU2jWFhDiTjbw24H1vvJ70k-dDoZsn0&from=mdr>
- <https://economictimes.indiatimes.com/news/india/increase-in-old-age-pension-more-tax-relief-gst-exemption-for-elderly-ngos-demands-from-union-budget/articleshow/96882063.cms>
- <https://theprint.in/india/increase-in-old-age-pension-more-tax-relief-gst-exemption-for-elderly-ngos-demands-from-union-budget/1307743/>
- <https://www.abplive.com/business/budget/budget-2023-expectations-for-senior-citizens-and-old-age-pension-norms-2305200>
- <https://www.punjabkesari.in/state/news/pti-state-story-1749388>
- <https://hindi.business-standard.com/economy/budget-2023-demand-for-income-tax-relief>

World Elder Abuse Awareness Day Celebrated On 15 June 2022

On this occasion, Agewell Foundation created awareness about human rights of older persons through various mediums in order to create an older persons' friendly environment in the country.

Media coverage about the initiative

- <https://mediaindia.eu/society/elderabuse/>
- <https://www.thestatesman.com/features/world-elderly-abuse-day-can-we-shun-those-when-sun-stops-shining-for-them-1503081201.html>
- <https://hindustannewshub.com/india-news/39-elderly-in-delhi-ncr-face-harassment-and-abuse-over-will-survey/>
- <https://www.ptinews.com/news/north/over-39-pc-elderly-in-delhi-ncr-face-harassment-mistreatment-over-wills-study/466652.html>
- <https://theprint.in/india/over-39-pc-elderly-in-delhi-ncr-face-harassment-mistreatment-over-wills-study/1239741/>
- <https://www.theweek.in/wire-updates/national/2022/11/28/des38-study-elderly-will.html>
- <https://thepostreader.com/delhi-news-39-of-the-elders-accepted-the-harassment-at-the-hands-of-children-for-making-a-will-revealed-in-the-survey/>



Many elderly compelled by children to make will: Study

GRIM REALITY

- 61.2% | 136 out of 500 elderly respondents said insecurity or property-related disputes determine the decision of making a will to a great extent.
- 72% | 130 out of 500 said that they were forced or compelled to make a will, or were being compelled to make one by their children.
- 40% of the elderly respondents, who had to face or are facing pressure from their children, expressed that their children are interested in getting a fair share in their assets.
- 24.2% | 87 out of 360 said that the children encourage their aging parents/grandparents to make a will to avoid future arguments among them.
- 11.4% of the respondents disclosed that their children wanted to know details about their parents' properties.
- 16.4% said that children want them to make a will to ensure peaceful old age for their parents.
- 25% | 126 respondents said there was no pressure from their children on making a will or children were not interested in their will.

Printed from THE TIMES OF INDIA

From security to uncertainty: Post Covid, many elderly return to workforce

PTI | Jun 12, 2022, 03:19 PM IST



NEW DELHI: This, too, is a Covid effect. Pushed out of their comfort zones by a pandemic that took away their financial security, many people in the twilight of their lives or recently retired are returning to the workforce - be it taking tuitions, applying for office assistant posts or setting up a hawkker cart.

The reasons for seeking financial independence are varied as is the income bracket. It could be somebody whose son lost his job, another whose savings dwindled in the long months of lockdown or an elderly person who may have seen an earning child die of Covid and is forced to again support the family.

"Many elderly no longer have the concept of tomorrow and this is creating many uncertainties in the minds of people," said Himanshu Rath, founder and chairperson of Agewell Foundation. The number of job applications received at the Foundation's employment exchange portal, which provides employment opportunities to the elderly, has jumped since the pandemic.

AGEWELL “SHARE THE WARMTH” CAMPAIGN A WINTER INITIATIVE FOR DESTITUTE & ELDERLY



Agewell Foundation conducted “Share the Warmth” campaign to ensure no needy & destitute old person is deprived of warmth in Delhi-NCR during the year. Agewell has been conducting this campaign since 2010.

During the year 2022-23 the campaign was conducted from November 2022 to February 2023. Agewell conducted the process of mobilizing donation & collection of old/used woollens from across Delhi & NCR & distribution of woollens amongst poor & needy older persons.

Agewell Foundation set up Collection Points at prominent locations, posh colonies, Clubs, Residents Welfare Associations, Corporate offices across Delhi NCR. Hundreds of Agewell volunteers spread across Delhi & NCR dedicated their time & efforts to make this initiative a great success.

Under the campaign over 1.30 lac pieces of woollens, etc collected and distributed amongst over 77,000 destitute and older people through distributions camps set up by volunteers across Delhi-NCR.

Major supporters to the campaign were Embassy of Thailand, Blessings Clinic, India Habitat Centre, GAIL India, IMT Ghaziabad, FIIB, Amity University, etc.



AGEWELL EMPLOYMENT EXCHANGE FOR OLDER PERSPMS

Old age notwithstanding there are goals to achieve. Agewell strongly subscribes to that view and sees a tremendous opportunity in gainful re-employment. Indeed, there are many jobs that could well use their skills and expertise, and of course their years of experience. Agewell attempts to bring the opportunity seekers and providers together.

- An Intergenerational Initiative, as a gainful engagement for retired old persons
- Community involvement and to pursue opportunities for complete development of their potential
- Launched Eklavya Scheme (Home Tutors & Easy Accounts schemes).

Agewell Employment Exchange for Older Persons had received over 1200 calls/visits from older persons during the year 2022-23



DIGITAL LITERACY PROGRAM FOR OLDER PERSONS (In Delhi & NCR)

With increasing role of modern communication and information technology in day-to-day's life, digitally illiterates (particularly 55+) find themselves totally lost and find it difficult to remain in mainstream. In view of gravity of the situation, there is an urgent need to bridge the knowledge and intergenerational gap in the society.

Agewell Foundation has been conducting Digital Literacy Program for Old People since April 2016 in Delhi-NCR to empower them and make them computer literate, so that they can adjust themselves in modern fast paced life and lead a more comfortable and respectable life in old age. The program is bringing a qualitative change in the lives of elderly and helping in bridging the generation gap and bringing generations together.



The program was sponsored by **Centre for Curiosity USA** during the year 2022-23. Over 11300 digitally illiterate older persons have been benefitted under the program.

- <https://www.thestatesman.com/features/age-well-digital-equity-1503081343.html>

AGEWELL SQUALOR TO SCHOLAR PROJECT (For Supporting School Education Of Children Living In Slums)

During the year 2022-23 Agewell Foundation has continued Agewell Squalor to Scholar Project with the objective to support school education of children belonging to poor families living in slum clusters of Faridabad in the state of Haryana with support from Squalor to Scholar Inc., USA.

Under the project the Foundation is supporting expenses like school fees, uniforms, books and stationery, tuition, transportation expenses, medicines, etc. of children from disadvantaged families. The program is being monitored and coordinated by experienced and retired older persons. Under the project 200+ children have been supported so far.



AGEWELL – VOLUNTEERS / SOCIAL WORKERS LOCAL NETWORK

Agewell Foundation has a local network of volunteers / social workers from all walks of the life. The network provides its services to older persons in and around Delhi. Agewell volunteers are available for counselling services for general, medical, legal and financial problems; for interaction with Older Persons; for companionship for Older Persons, living alone. Volunteers registered with Agewell include well-educated people, retired persons, working people, social workers, college students etc.

UNITED NATIONS / INTERNATIONAL DEVELOPMENTS During The Year

The 12th Working Session of the Working Group held during April 2022, at the United Nations Headquarters.



Open-ended Working Group on Ageing
for the purpose of strengthening the protection
of the human rights of older persons

Agewell Foundation was invited by the NGO branch of United Nations Department of Economic & Social Affairs to participate as a Panelist in the 12th working Session during

April 2022. As its contribution, Agewell Foundation had conducted an exclusive study, titled "Contribution of Older Persons in Sustainable Development (With a special focus on Impact of Pandemic on Old People) in February 2022. This was accepted and carried on the website of the United Nations, Department of Economic and Social Affairs. See link-

https://social.un.org/ageing-working-group/documents/twelfth/Contribution_OP_Sustainable_Dev_impact_covid19_on_OP%20-February%202022.pdf

Substantive and Normative Reports Submitted on different themes For the Twelfth Session of the Working Group during the month of March 2023.

For the 13th Session of the Working Group on Ageing held in April 2023 at the United Nations Headquarters in New York.

Subregional Conference: Gender Equality and Social Inclusion in South Asia: Reflections and Way Forward for ADB

- Mr. Himanshu Rath, Chairman, Agewell Foundation participated as a **Speaker** at the **Subregional Conference: Gender Equality and Social Inclusion in South Asia: Reflections and Way Forward for ADB**, 4-7 October 2022 – Paro, Bhutan



Other Initiatives / Proposed Programs of Agewell Foundation

“I am Responsible” Campaign

Agewell Foundation has initiated an outreach program in Delhi & NCR to sensitize young school children about needs & rights of older persons and conservation of electricity and water. Through the project the Foundation aims at sensitizing school children, through them their family members and also developing school children into responsible citizens of the future.

Self-Reliance in Old Age

Agewell Foundation organizes Series of Interactions with Older Persons and their Care-Givers across the country to create awareness amongst older persons about the concept of **Self-Reliance in Old Age** for living life comfortably and respectfully and sensitize them to adopt the concept of self-reliance in their respective lives.

Centre for Ageing and Interaction Centre for Older Persons

Centre to provide an opportunity for the older people to interact with like-minded people in old age. The Agewell centre addresses the issue of ageing from the perspective of creating an atmosphere of sustainable and tenable process of inclusion involving society at large to provide care and active ageing beyond an institutional framework. The centre is a platform that initiates better understanding of the problems of ageing from a social perspective and provides a

platform for the aged as well as those concerned to come together to share and care.

Healthcare Training for bedridden older persons and their care-givers

Agewell Foundation continues to develop & publish Health Care Training manual in several vernacular languages and distributes among bedridden patients, older patients, their caregivers and family members. Agewell Foundation distributed 200000 training manuals in Delhi-NCR alone.



Agewell Share A Smile With Your Elders – School Contact Programme

Due to fast paced lifestyle, popularity of nuclear families and many other factors old people are having a rough time today. Agewell believes that children could make

the difference. If children are prompted to share a smile with the elders and spend a few moments together, the tide may start to turn. Agewell Foundation has embarked upon an ambitious social contact program of reaching out to a million-school students in Delhi in a bid to set off a feeling of acceptance and affection for the elders. Agewell Foundation has interacted with 200000 school children so far.

Dharohar Scheme (WILL Safekeeping)

To help older persons to live in a peaceful & harmonious environment in Old Age, the Foundation has launched a new scheme, "Dharohar", for safe-keeping of will documents for Older Persons.

Agewell Monitoring & Evaluation Centre

Agewell Foundation undertakes innovative research studies, supervision and evaluation for routine social projects. The monitoring & evaluation activities will be in sectors like - Older Persons' Empowerment, Public Health, Women Empowerment, Education & literacy, Agriculture, Employment & Self Employment, Public awareness, Integrated Rural Development, Tribal Welfare, Opinion surveys, Natural disaster zones, etc. Monitoring and Evaluation activities conducted by Agewell Foundation help in better implementation of the projects, developed for the welfare and empowerment of older persons.

Be an Ageweller (to help bedridden and elderly patients)

Agewell Foundation has initiated a project Being an Ageweller with the objective to

add colours in the life of bedridden and elderly patients, facing loneliness, isolation and marginalization due to their poor health condition. Under the project, Agewell volunteers (Agewellers) perform different kinds of music/dance/singing activity in front of bedridden / lonely elderly and entertain them.

Healthcare of Post-Menopausal Women

Project "Healthcare of Post-Menopausal Women" is an initiative towards improving health condition of disadvantaged women (48+), who have attained post-menopausal stage. Our volunteers comprising old retired people are repository of knowledge, experience and wisdom and the same could become the guiding force for women from underprivileged society. Under the project we identify, encourage, guide and patronize women from economically weaker section of society and empower them with strong healthcare intervention and knowledge under able supervision, guidance and patronage of old retired people.



**MAJOR SPONSORS / SUPPORTERS
DURING THE YEAR**



Agewell Foundation

FINANCIALS

2022-23

Auditor's Report

Acknowledgement Number: 489326250311023

FORM NO. 10B

[See rule 16CC and 17B]

Audit report under clause (b) of the tenth proviso to clause (23C) of section 10 and sub-clause (ii) of clause (b) of subsection (1) of section 12A of the Income-tax Act, 1961, in the case of a fund or trust or institution or any university or other educational institution or any hospital or other medical institution.

We have examined the balance sheet of Agewell Foundation [name of the fund or trust or institution or any university or other educational institution or any hospital or other medical institution] as at 31-Mar-2023 and the Income and Expenditure account or Profit and Loss account for the year ended on that date are in agreement with the books of account maintained by the said fund or trust or institution or university or other educational institution or hospital or other medical institution.

We have obtained all the information and explanations to the best of our knowledge and belief which are necessary for the purposes of the audit.

In our opinion, proper books of account have been maintained at the registered office of the above named fund or trust or institution or university or other educational institution or hospital or other medical institution at the address mentioned at serial number 14 of the Annexure.

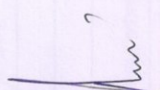
In our opinion and to the best of our information and according to explanations given to us, the particulars given in the Annexure are true and correct subject to following observations or qualifications:

- (a) In our opinion and to the best of our information, and according to information given to us, the said accounts give a true and fair view-
 - (i) in the case of the balance sheet, of the state of affairs of the above named fund or trust or institution or university or other educational institution or hospital or other medical institution as on 31-Mar-2023; and
 - (ii) in the case of the Income and Expenditure account or Profit and Loss account, of the income and application or profit or loss of its accounting year ending on 31-Mar-2023.

Subject to the following observations/qualifications-

- (a) The prescribed particulars are annexed hereto.

NEW DELHI
31-Oct-2023


A.K. NAIR
 ARCA084690
 0011075N
 C-144, SARVODAYA ENCALVE
 122.162.151.39



NDT/1-2308H/90B60WRS590

Balance Sheet

Agewell Foundation
[Regd.No.DIT [E]-99-2000-A-1154/99/102]
Balance Sheet as at 31.03.2023

	Schedule	As At 31.03.23 (Rs.)	As At 31.03.22 (Rs.)
Sources of Funds			
Trust Fund	1	18,94,176	18,94,176
Reserve Fund	2	56,48,519	77,56,914
Non-Current Liabilities	3	78,591	78,591
		<u>76,21,286</u>	<u>97,29,681</u>
Utilisation of Funds			
Fixed Assets	4	29,36,184	32,06,238
Current Assets	5	46,85,102	66,06,045
Less : Current Liabilities & Provisions	6	-	82,602
Net Current Assets		<u>46,85,102</u>	<u>65,23,443</u>
		<u>76,21,286</u>	<u>97,29,681</u>

Schedule 1-4 form an integral part of this Balance Sheet
As per report of eventdate attached

FOR A.K. NAIR & CO.
CHARTERED ACCOUNTANTS
FRN: 011075N

A.K.NAIR
PARTNER
M.No : 84690

PLACE : New Delhi
DATE : 31/10/2023
UDIN : 23084690B6UWR55901



For Agewell Foundation

For Agewell Foundation For Agewell Foundation
Hemanshu Rath Chairman
Trustee Trustee
Trustee

Income and Expenditure Account

Agewell Foundation

[Regd.No.DIT [E]-99-2000-A-1154/99/102]

Income & Expenditure account for the year ended 31st March,2023

	Schedule	2022-23	2021-22
Income			
Donation/Grant	7	1,73,65,711	2,46,75,752
FCRA-Donation/Grant		22,11,174	
Donation in kind		7,421	2,53,000
CSR Funding		3,99,980	8,99,940
Saving Bank Interest		1,35,311	2,25,330
Interest On income Tax Refund		3,618	298
Total		2,01,23,215	2,60,54,320
Expenditure			
Social Welfare expenses for elderly poor	8	2,19,27,563	2,36,92,290
Depreciation	4	3,04,048	2,54,286
		2,22,31,611	2,39,46,576
Excess of Income over Expenditure		(21,08,395)	21,07,744
Amount transferred to reserve fund		(21,08,395)	21,07,744

Schedule 5-8 form an integral part of this Income & Expenditure Account
As per report of even date attached

FOR A.K. NAIR & CO.
CHARTERED ACCOUNTANTS
FRN: 011075N



A.K.NAIR
PARTNER
M.No : 84690

PLACE : New Delhi
DATE : 31/10/2023
UDIN: 2308H690B6UWR55901

For Agewell Foundation

For Agewell Foundation

For Agewell Foundation

Hemanshu Rath

Chairman Trustee

Abhishek

Trustee



Agewell Foundation

(In **Special Consultative Status** with the ECOSOC at **United Nations** since 2011)

-Associated NGO Status with **UN-DPI-**

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