

In Special Consultative Status with ECOSOC, United Nations since 2011



ANNUAL REPORT 2023-24

agewellfoundation.org

VISION

Agewell Foundation is committed to make a coordinated effort with compassion and understanding to transform social attitudes towards senior citizens. The effort is to create the infrastructure to empower every older person.

We believe sustained efforts would not only create older persons friendly environment, it would also awaken a sense of responsibility amongst us all, to make this possible. Older persons do not need charity or sympathy. They need respect companionship and opportunities to live with their beliefs.

MISSION

Agewell endeavours to bring about a change in the perception of old age and assist older persons to move surely but steadily from helplessness and self-pity towards - Confidence, Respect & Mutual Caring.

Agewell has been set up to initiate better interaction between the generations. It endeavours to:

- ♣ Bring about a change in perceptions about Old Age
- Initiate steps towards senior citizens friendly environment
- **Evolve a sense of moral and social responsibility towards senior citizens**
 - Advocate for the needs and rights of senior citizens
 - Extend a helping hand to senior citizens wherever required



AGEWELL FOUNDATION - AT A GLANCE

Agewell Foundation is an initiative for the welfare and empowerment of older persons across the country **since 1999**

- **♣ Special Consultative Status** with ECOSOC, **United Nations** since 2011
- ♣ Accredited with United Nations Department of Public Information (UN-DPI-NGO) as associate NGO
- Chairman, Working Group on Awareness and Capacity Building for Senior Citizens, Ministry of Social Justice & Empowerment, Govt. of India
- ♣ Member, Sub-Group on Elderly Care, under NITI Aayog's CSOs Standing Committee, GoI
- Member, Committee of Experts on "impact of COVID-19 pandemic on human rights and future response", National Human Rights Commission
- **Member**, Working Group on Older Persons, National Human Rights Commission
- Participated in Several United Nations Conferences including Working Sessions of Open-Ended Working Group on Ageing with various capacities like Panelist etc.
- Participated as a Speaker at the Subregional Conference: Gender Equality and Social Inclusion in South Asia: Reflections and Way Forward for ADB, October 2022 – Paro, Bhutan
- Set up a Consortium of over 1500 NGOs and Two-tier national voluntary network - 7500 primary & 80000 secondary volunteers spread across 768 districts of India
- ♣ Received Sabera Not-for-Profit of the Year Award 2023 and Mahatma Award for Social Good & Impact, 2022

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Agewell Foundation's Major Initiatives

- 4 Agewell **Helplines** for Older Persons since 1999 **Helped over 8 million+ older persons** so far
- Agewell Research & Advocacy Centre for Needs & Rights of Older Persons Conducted
 52 National Surveys on issues concerning old people
- ♣ Distribution of Healthcare Equipment (Wheelchairs, Walkers, Adult Diapers, etc.) to destitute elderly-51,000+ Wheelchairs, 1.8 million+ Adult Diapers, 300,000+ Walkers, 3500+ Folding Beds, 575,000+ Walking sticks distributed so far
- Distribution of Food Ration Packets to poor elderly living in slums Over 110,000 monthly food packets distributed among destitute old people since the year 2020
- ♣ Distribution of 19,000+ Nutri Kits, 18,500+ Wellness Kits and 13000+ Gift Packs among destitute elderly since the year 2020
- **↓ Digital Literacy** Program for Older Persons **Over 455,000 older persons benefitted** so far
- Share the Warmth Campaign during winters Collected and distribution of 36 lakh+ pcs among destitute and elderly since the year 2010
- **♣ Employment Exchange** for Older Persons **-141,000+ retired elderly assisted** over the years

...Updated August 2024

SABERA NOT-FOR-PROFIT OF THE YEAR AWARD 2023



AGEWELL INITIATIVES

HEALTHCARE EQUIPMENT DISTRIBUTION AMONG DESTITUTE ELDERLY LIVING IN SLUMS

Agewell Foundation has been conducting healthcare equipment distribution drives to provide healthcare accessories to destitute elderly in Slums of Delhi & NCR for 15 years.

During the year under review, Agewell volunteers identified 41000+ destitute & elderly as prospective beneficiary under the project.

Agewell Foundation organized camps in various localities as per the convenience of the beneficiaries in coordination with local volunteers and distributed free healthcare equipment to destitute elderly.

Healthcare equipment distributed among the needy persons include Wheelchairs, Walkers, Walking sticks, Adult Diapers, etc.

Agewell Foundation has distributed **4410 Wheelchairs, 4050+ Walkers, 145500+ Adult Diapers, 9640 Walking Sticks and other relief material** among destitute elderly across Delhi/NCR





under Free Healthcare Equipment Distribution Camps during the year 2023-24.

Distribution of Wheelchairs and Adult Diapers among destitute elderly campaign was also supported by various PSUs and corporates like Sumitomo Mitsui Corporation Bank, Tower Vision, ITC Limited, Adobe, Nobel Hygiene, etc.

DISTRIBUTION OF FREE FOOD RATION PACKETS AMONG DESTITUTE ELDERLY LIVING IN SLUMS

Agewell Foundation has conducted Free Food Packets Distribution camps to provide food ration to destitute elderly living in Slums of Delhi & NCR. During the year under review, Agewell volunteers identified over 8200 destitute & elderly people under the project. Agewell Foundation organized camps in various localities in coordination with local volunteers and distributed free food packets (containing Daliya, Rice, Pulses, Edible Oil, Sattu/Gur, Sugar, Masale, Tea, Biscuits, Besan, Suji, etc.) to destitute older persons living in BPL (below poverty line) families.

Agewell Foundation has distributed over **15200 Food Ration Packets** among destitute elderly across Delhi/NCR under the project during the year 2023-24.

Free Food Packets Distribution





campaign was supported by various corporate sector companies and individual donors during the year.

DISTRIBUTION OF NUTRI KITS, WELLNESS KITS & GIFT PACKS AMONG DESTITUTE ELDERLY

In view of miserable living condition and poor health situation of elderly, particularly due to poverty, Agewell Foundation continued distribution of the Nutri Kits, Wellness Kits and Gift

Packs among destitute and needy elderly as per their requirements;

- Agewell Nutri Kit (containing Daliya, Sattu, Electrol Powder, Esabgol, Glucon-D, Nutrila, Fruit Juice, Threptin Biscuits, Chyavanprash, etc.)
- ♣ Agewell Wellness Kit (containing Sanitizer, Hand wash, Toilet Soap, Tooth Powder, Vaseline, Soframycin Tube, Burnol, crepe Bandage, Dettol, Cotton, Nail Cutter, Comb, Face Towel, Hair Oil, etc.)
- Agewell Gift Pack (containing Sarees-Petticoat-Blouse for





women / Kurta-Pajama for men, Chappal, Gamchha/Chunni, Hair Oil, Comb, Surf Pack, Bathing & Washing soaps, etc.)

Agewell Foundation has distributed **2700+ Nutri Kits**, **2100+ Wellness Kits and 1700+ Gift Packs** among destitute elderly across Delhi/NCR under the project during the year 2023-24.

AGEWELL - HELPLINE FOR OLDER PERSONS

Agewell Foundation aims to disabuse the popular mind-set that regards old age with a sense of pity for their helplessness. Replacing it with an attitude of confidence, fostering respect for them and encouraging fortitude in them. And bringing a little certainty, even fun into their lives. A network of thousands of volunteers is already at work in given areas. They are constantly alert to attend, to matters of medical or emotional nature, affairs to do with security as well as legal and financial advice. They are spread across 768 districts of India so that no cry for help goes unanswered. **Agewell extends a helping hand to over 25,000 people daily across India.**

Objective and methodology of the Agewell Helpline:

- ♣ To identify and assist the needy. Understand their specific requirements, immediate as well as in long term.
- Assist them in identifying and availing best possible offerings as per their needs from all other voluntary organizations, NGOs, Govt. bodies and international organizations.
- **♣** Counsel them. Help them re-build themselves. Rekindle the self-confidence.
- Assess impact of disaster on individual life and families.
- Organize counseling and community participation activities

Agewell Helpline for Older Persons also works as a bridge between the assistance seekers and the assistance providers.



AGEWELL - RESEARCH & ADVOCACY CENTRE

(FOR NEEDS & RIGHTS OF OLDER PERSONS)

The Agewell Centre for Ageing is committed to bringing in a dynamic change for the Older Persons in terms of social participation & integration, economic security, macro societal change and development, healthy ageing, enhancing the physical and mental quality of life and ushering in care systems in diverse cultural, socio-economic and environmental situations.

The research agenda includes - studies in policy related areas of ageing where the findings may have practical and realistic application. Agewell undertakes advocacy on issues of concern for welfare of elderly with the government, national and international agencies, elected representatives e.g., parliamentarians, bureaucrats, political parties, business, industry and other structures of power & media at all levels.

Agewell attempts to initiate more extensive and comprehensive studies on the Older Persons, so that emerging needs, problems and rights of the older persons could be identified, understood & analysed in a completely changed socio-economic scenario, drawing a road map for the empowerment of older persons.



Over the years, Agewell Foundation has also participated in all sessions of **United Nations Open Ended Working Group on Ageing** and submitted its representations/study reports from time to time. In addition, it has also represented older persons of the country at various other international/united nations' forums. **Agewell has conducted 50 research studies so far.**

Study reports submitted to United Nations by Agewell Foundation, are also available on United Nations website https://social.un.org/ageing-working-group/thirteenthsession.shtml

During the year under report, Agewell Foundation has conducted following surveys/research studies;

- Sleep Disorders: Emerging Health Issues in Old Age May2023
- Status Of Elderly Women In India March 2024

SLEEP DISORDERS: EMERGING HEALTH ISSUES IN OLD AGE – MAY 2023

Agewell volunteers spread across the country interacted with over 5000 respondents.

The main objective of the research endeavor was to assess the emerging challenges due to sleep disturbances and create awareness about good sleep habits among middle-aged and older persons.

In India, about 50% of older people (60+) experience sleep disorders. Since the change in sleep patterns is a part of the normal aging process, as people age, they struggle to have sound sleep. According to an analysis of observations and feedback collected through Agewell Volunteers spread across the country, most older people struggle to sleep and hardly experience deep sleep.

Observations conclude that the prevalence of sleep disorders is higher in old age. Due to sleep disturbances older persons have to suffer many health issues like hypertension diabetes mellitus, renal failure, respiratory diseases such as asthma, immune disorders,



SLEEP DISORDERS:

Emerging Health Issues in Old Age

May 2023

A Study by



Agewell Foundation

gastroesophageal reflux disease, physical disability, dementia, pain, depression, anxiety, etc. In old age, Insomnia and other sleep disturbances are symptoms of many psychiatric conditions.

During the interactions with respondents. it observed that interpersonal issues play an important role in sleep disturbances. Interpersonal issues include intergenerational gap, differences in lifestyles of vounger and elderly people, changing family and social value system, thought processes of different generations. neglect elderly family members, etc.



Media Reports about the study

June 2023

- https://timesofindia.indiatimes.com/india/sleeplessness-hitting-younger-people-survey/articleshow/100885577.cms?from=mdr
- https://www.healthshots.com/preventive-care/family-care/elder-abuse-ways-to-prevent-emotional-and-physical-threat-to-senior-citizens/
- https://www.ptinews.com/news/national/survey-finds-majority-of-elderly-harassed-by-family-members-/588419.html
- https://www.latestly.com/agency-news/india-news-survey-finds-majority-of-elderly-harassed-by-family-members-5198225.html/amp
- https://www.theweek.in/wire-updates/national/2023/06/13/des28-elderly-report.amp.html
- https://english.metrovaartha.com/amp/story/life/survey-finds-majority-of-elderly-harassed-by-family-members

STATUS OF ELDERLY WOMEN IN INDIA MARCH 2024

On the occasion of **International Women's Day**, on behalf of 70+ million elderly women in India, Agewell Foundation appeals to extend a helping hand to elderly

women, particularly marginalized older women who are dependent on others for their basic needs.

Based on day-to-day interactions by Agewell Foundation, though its volunteers spread across the country, it has been observed that most older women have to depend on others for almost 30-40 years in old age. In our society, most elderly women are forced to lead a faceless, voiceless and compromised life.

In this era of youth, where issues of younger women





are much talked about, issues concerning older women hardly ever come in the mainstream discussion and often are overlooked by all. Ignoring issues concerning old women makes them more vulnerable and even a soft target for antisocial elements.

In India, most older women are not aware of their basic rights due to illiteracy and ignorance. In old age, they are more vulnerable as they face not only age discrimination but also gender discrimination.

- 71.3% of elderly women are found dependent on others for their needs and requirements
- 51.5% of elderly women have to face marginalization/isolation due to gender discrimination.
- More than 45% of elderly women reportedly accepted that they were being harassed/mistreated by their own family members/relatives.

Representative Media Reports about Agewell Study on Status of Older Women in India, March 2024

- https://timesofindia.indiatimes.com/india/survey-finds-45-elderly-women-face-harassment-by-own-family-dependence-and-isolation-key-concerns/articleshow/108313331.cms
- https://www.theweek.in/wire-updates/national/2024/03/08/des75-elderly-women-study.html
- https://www.oneindia.com/india/elderly-women-india-dependence-marginalization-abuse-gen-3768783.html
 https://www.oneindia.com/amphtml/india/elderly-women-india-dependence-marginalization-abuse-gen-3768783.html
- https://www.latestly.com/agency-news/latest-news-71-3-per-cent-elderly-women-dependent-on-others-for-meeting-their-needs-study-5806899.html
- https://thefederal.com/category/news/womens-day-caring-for-ageing-women-familial-obligation-and-social-responsibility-112901
 https://kashmirvision.in/2024/03/08/71-3-per-cent-elderly-women-dependent-on-others-for-meeting-their-needs-study/
- https://retirement.outlookindia.com/plan/financial-planning/international-womens-day-five-financial-lessons-for-women
- https://www.dailypioneer.com/2024/india/study-brings-to-light-persistent-challenges-faced-by-elderly-women.html

Submission of Representations during Budget 2024

During the Union Budget preparation, Agewell Foundation submitted representations to several concerned stakeholders, opinion makers and opinion leaders with an appeal to include older people friendly provisions in the budget. Media coverage about our initiatives are as under: -





 $\frac{https://timesofindia.indiatimes.com/business/budget/budget-elderly-want-counselling-services-accessible-infra-minimal-gst-on-products-used-by-seniors/articleshow/107209747.cms? from=mdrange from the following and the following from the f$

AGEWELL "SHARE THE WARMTH" CAMPAIGN A WINTER INITIATIVE FOR DESTITUTE & ELDERLY



Agewell Foundation conducted "Share the Warmth" campaign to ensure no needy & destitute old person is deprived of warmth in Delhi-NCR during the year. Agewell has been conducting this campaign since 2010.

During the year 2023-24 the campaign was conducted from November 2023to February 2024. Agewell conducted the process of mobilizing donation & collection of old/used woolens from across Delhi & NCR & distribution of woolens amongst poor & needy older persons.

Agewell Foundation set up Collection Points at prominent locations, posh colonies, Clubs,

Residents Welfare Associations, Corporate offices across Delhi NCR. Hundreds of Agewell volunteers spread across Delhi & NCR dedicated their time & efforts to make this initiative a great success.

Under the campaign over 1.60 lac pieces of woollens, etc collected and distributed amongst over 79,000 destitute and older people through distributions camps set up by volunteers across Delhi-NCR.

Major supporters to the campaign were Blessings Clinic, India Habitat Centre, GAIL India, IMT Ghaziabad, Amity University, Sumitomo Mitsui Banking Corporation, Tower Vision, ITC Limited, etc.

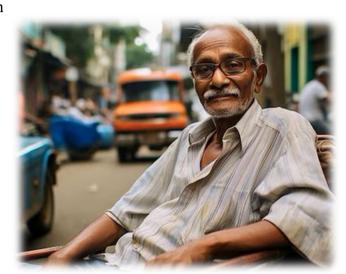


AGEWELL EMPLOYMENT EXCHANGE FOR OLDER PERSPMS

Old age notwithstanding there are goals to achieve. Agewell strongly subscribes to that view

and sees a tremendous opportunity in gainful re-employment. Indeed, there are many jobs that could well use their skills and expertise, and of course their years of experience. Agewell attempts to bring the opportunity seekers and providers together.

- An Intergenerational Initiative, as a gainful engagement for retired old persons
- Community involvement and to pursue opportunities for complete development of their potential
- Launched Eklavya Scheme (Home Tutors & Easy Accounts schemes).



Agewell Employment Exchange for Older Persons had received over 1100 calls/visits from older persons during the year 2023-24.

DIGITAL LITERACY PROGRAM FOR OLDER PERSONS (In Delhi & NCR)

With increasing role of modern communication and information technology in day-to-day's life, digitally illiterates (particularly 55+) find themselves totally lost and find it difficult to remain in mainstream. In view of gravity of the situation, there is an urgent need to bridge the knowledge and intergenerational gap in the society.

Agewell Foundation has been conducting Digital Literacy Program for Old People since April 2016 in Delhi-NCR to empower them and make them computer literate, so that they can adjust themselves in modern fast paced life and



lead a more comfortable and respectable life in old age. The program is bringing a qualitative

change in the lives of elderly and helping in bridging the generation gap and bringing generations together.

Over 2200 digitally illiterate older persons have been benefitted under the program.

AGEWELL SQUALOR TO SCHOLAR PROJECT (For Supporting School Education Of Children Living In Slums)

2023-24 During the vear Agewell Foundation has continued Agewell Squalor to Scholar Project with objective to support school education children of belonging to poor families living in slum clusters of Faridabad in the state of Haryana with support from Squalor to Scholar Inc., USA.

Under project the the Foundation is supporting expenses like school fees, uniforms. books and stationery, tuition. transportation expenses, medicines, etc. of children from disadvantaged families. The program is being monitored and coordinated by experienced



and retired older persons. Under the project 175 children have been supported.

UNITED NATIONS / INTERNATIONAL DEVELOPMENTS During The Year

The 13th Session of OEWGA, April 2023

The **Thirteenth Session** of the Working Group will be held in Conference Room 2 from 3 to 6 April 2023 at the United Nations Headquarters in New York.



Agewell Foundation was invited by the NGO branch of United Nations Department of Economic & Social Affairs to participate as a Panelist in the 13th working Session during April 2023.

As its contribution, Agewell Foundation had conducted an exclusive study, titled " <u>Right To Health And Access To Health Services In Old Age With Special Focus On Social Inclusion Of Older People - March 2023</u>

Study Report is also available on United Nations website as a background document - https://www.agewellfoundation.org/wp-content/uploads/2023/03/Right-To-HealthAnd-Access-To-Health-Services-In-Old-Age-Social-Inclusionn-March-2023.pdf

Submission of Representations for The 14th Session of OEWGA, April 2024

Substantive and Normative Reports Submitted on different themes For the Twelfth Session of the Working Group during the month of March 2024.

For the 14th Session of the Working Group on Ageing held in April 2024 at the United Nations Headquarters in New York.

PROPOSED INITIATIVES OF AGEWELL FOUNDATION

- ♣ Empowerment, Skill Development and Income Security of Elderly in Old Age to empower older persons & make them financially secure through Entrepreneurship & Skill training programs, so that they could lead a better, comfortable and self-reliant life in old age.
- ♣ "I AM RESPONSIBLE!" An Outreach Program To Sensitize School Children Towards
 Older Persons
- ♣ Agewell Interaction Centre For Older Persons to provide an opportunity for the older people to interact with like-minded people in old age.
- ♣ SAHYOG Old Age Psychological Trauma Center Equipped with qualified psychiatrist, doctors, counselors and trained attendants/assistants.
- ♣ Self-Reliance In Old Age (A series of interactions with Older Persons and their Care-Givers) to organize a Series of Interactions with Older Persons and their Care-Givers
- ♣ Old Age And Disability An Outreach Initiative- to identify and assist the disabled older persons, prepare the disabled for Old Age, protect people from Old Age related disabilities
- ♣ Older Persons In Prison And Asylums An Assessment Study to undertake a survey to understand their needs; older persons have, when they are in prisons.
- ♣ Senior Citizen Discount Card (Post-Retirement benefits) to set up a network of old age related services, products and facilities to help retired older persons with timely and effective help in need of hour.
- ♣ Setting up Agewell Consortium for Senior Artisans of Handicraft to help senior artisans - to assist senior artisans by ensuring profitable participation of NGOs/SHGs at national and international exhibitions and marketing of exclusive handmade products/artifacts.
- ♣ Securing Old Age To create awareness about financial security in old age among retired, soon-to-be retired, older persons and to advocate for financial needs & rights of older persons.
- ♣ Agewell Share A Smile With Your Elders School Contact Programme

MAJOR SPONSORS / SUPPORTERS DURING THE YEAR





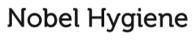




















THE UK ONLINE GIVING FOUNDATION



Agewell Foundation

FINANCIALS 2023-24

Auditor's Report

Acknowledgement Number:555025910300924

[See rule 16CC and 17B]

Audit report under clause (b) of the tenth proviso to clause (23C) of section 10 and sub-clause (ii) of clause (b) of subsection (1) of section 12A of the Income-tax Act, 1961, in the case of a fund or trust or institution or any university or other educational institution or any hospital or other medical institution.

medical institution] as at 31-Mar-2024 and the Income and Expenditure account of Profit and Loss account for the year ended on that date are in agreement vaccount maintained by the said fund or trust or institution or university or other educational institution or hospital or other medical institution.

We have obtained all the information and explanations to the best of our knowledge and belief which are necessary for the purposes of the audit.

In our opinion, proper books of account have been maintained at the registered office of the above named fund or trust or institution or university or other educational institution at the address mentioned at serial number 14 of the Annexure: In our opinion and to the best of our information and according to explanations given to us, the particulars given in the Annexure are true and correct subject to following observations or qualifications-

(a) In our opinion and to the best of our information, and according to information given to us, the said accounts give a true and fair view-

in the case of the balance sheet, of the state of affairs of the above named fund or trust or institution or university or other educational institution or hospital or other in the case of the Income and Expenditure account or Profit and Loss account, of the income and application or profit or loss of its accounting year ending on 31-Mar-2024. medical institution as on 31-Mar-2024; and

Subject to the following observations/qualifications-

(a) The prescribed particulars are annexed hereto.

Name of Chartered Accountant Firm Registration Number Membership Number Address

IP Address

Place

CHOIND OSBIXES BOINDHY

C-144 SARVODAYA ENCALVE

122.162.144.243

30-Sep-2024

ASHISH AGGARWAL

ARCA514308

For Agewell Foundation

Balance Sheet

	Schedule	As At 31.03.24 (Rs.)	As At 31.03.23 (Rs.)
Sources of Funds			10.01.17/
Frust Fund	1	1894176	18,94,176
Reserve Fund	2	6278212	56,48,519
Non-Current Liabilities	3	78591	78,591
		82,50,979	76,21,286
Utilisation of Funds			29,36,184
Fixed Assets	4	26,76,804	
Current Assets	5	55,74,175	46,85,102
Less : Current Liabilities & Provisions	6	55,74,175	46,85,102
Net Current Assets		82,50,979	76,21,286
Schedule 1-4 form an integral part of this Balance Sheet As per report of evendate attached FOR A.K. NAIR & CD. CHARTERED ACCOUNTANTS FRN: 013075N Ashikh Aggarwal	For Agewell I	For Agewell Foundation For Agewell For Agewell Chairman Trustee	Foundation well Foundat Mref TrusteFree

Income and Expenditure Account

	Schedule	2023-24	2022-23
Income Donation/Grant FCRA-Donation/Grant Donation in kind CSR Funding Saving Bank Interest Interest On income Tax Refund	7	2,47,40,534 1,21,18,643 - 1,59,141	1,73,65,711 22,11,174 7,421 3,99,980 1,35,311 3,618
		3,70,18,318	2,01,23,215
Expenditure Social Welfare expenses for elderly poor Depreciation Excess of Income over Expenditure Amount transferred to reserve fund	8	3,61,29,245 2,59,380	2,19,27,563 3,04,048
	4	3,63,88,625	2,22,31,611
		6,29,693	(21,08,395)
		6,29,693	(21,08,395)
Schedule 5-8 form an integral part of this Income & Expansion As per report of even date attached FOR A.K. NAIR & CO. CHARTERED ACCOUNTANTS FRX: 011075N Ashish Aggarval PARTNER M.No. 544308	For Agewell F	For Agewell Foundation For A Chairman Trustee	Foundation Sewell Founda Muy Frustee Tru



Agewell Foundation

(In **Special Consultative Status** with the ECOSOC at **United Nations** since 2011) -Associated NGO Status with UN-DPI-NGO

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