



*(In Special Consultative Status with the ECOSOC at the United Nations since 2011)*



# Annual Report 2024-25



[www.agewellfoundation.org](http://www.agewellfoundation.org)



**In Special Consultative Status with ECOSOC, the United Nations since 2011**

## VISION

Agewell Foundation is committed to make a coordinated effort with compassion and understanding to transform social attitudes towards senior citizens. The effort is to create the infrastructure to empower every older person.

We believe sustained efforts would not only create older persons friendly environment, it would also awaken a sense of responsibility amongst us all, to make this possible. Older persons do not need charity or sympathy. They need respect, companionship and opportunities to live with their beliefs.

## MISSION

Agewell endeavours to bring about a change in the perception of old age and assist older persons to move surely but steadily from helplessness and self-pity towards - Confidence, Respect & Mutual Caring.

Agewell has been set up to initiate better interaction between the generations. It endeavours to:

- ✚ Bring about a change in perceptions about Old Age
- ✚ Initiate steps towards senior citizens friendly environment
- ✚ Evolve a sense of moral and social responsibility towards senior citizens
- ✚ Advocate for the needs and rights of senior citizens
- ✚ Extend a helping hand to senior citizens wherever required



## AGEWELL FOUNDATION - AT A GLANCE

*Agewell Foundation is an initiative for the welfare and empowerment of older persons across the country since 1999.*

- ⊕ **Special Consultative Status** with ECOSOC, **United Nations**, since 2011
- ⊕ Accredited with the United Nations Department of Public Information (**UN-DPI-NGO**) as an **associate NGO**
- ⊕ **Chairman, Working Group on Awareness and Capacity Building for Senior Citizens, Ministry of Social Justice & Empowerment**, Govt. of India
- ⊕ **Member, Sub-Group on Elderly Care**, under NITI Aayog's CSOs Standing Committee, GoI
- ⊕ Member, Committee of Experts on "impact of COVID-19 pandemic on human rights and future response", **National Human Rights Commission**
- ⊕ **Member, Working Group on Older Persons, National Human Rights Commission**
- ⊕ Participated in Several **United Nations Conferences**, including Working Sessions of the **Open-Ended Working Group on Ageing** with various capacities, like **Panelist**, etc.
- ⊕ Participated as a **Speaker** at the **Subregional Conference: Gender Equality and Social Inclusion in South Asia: Reflections and Way Forward for ADB**, 2022 – Paro, Bhutan
- ⊕ Member, Working group on Reforming the Social Deviants and Caring the Other Disadvantaged, for XII<sup>th</sup>, XI<sup>th</sup> & X<sup>th</sup> 5-year-plan, Planning Commission (Now NITI Aayog)
- ⊕ Set up a Consortium of over **1500 NGOs** and a Two-tier national voluntary network - **7500 primary & 80000 secondary volunteers** spread across **768 districts** of India
- ⊕ **Sabera Not-for-Profit of the Year Award 2023** and **Mahatma Award for Social Good & Impact, 2022**

### Agewell Foundation's Major Initiatives

- ⊕ Agewell **Helplines** for Older Persons since 1999 – **Helped over 8.2 million+ elderly** so far
- ⊕ Agewell **Research & Advocacy** Centre for Needs & Rights of Older Persons – **Conducted 54 National Surveys** on issues concerning old people, organised a **Series of symposia** on their Needs & Rights
- ⊕ Distribution of **Healthcare Equipment** (Wheelchairs, Walkers, Adult Diapers, etc.) to destitute elderly- **53,500+ Wheelchairs, 1.95 million+ Adult Diapers, 305,500+ Walkers, 4600+ Folding Cots, 576,500+ Walking sticks** distributed so far
- ⊕ Distribution of **Food Ration Packets** to poor elderly living in slums – Over **116,000 monthly food packets** distributed among destitute old people since 2020
- ⊕ Distribution of **19,800+ Nutri Kits, 19,100+ Wellness Kits and 13700+ Gift Packs** among destitute elderly since the year 2020
- ⊕ **Digital Literacy Program** for Older Persons – **Over 464,000 older persons have benefited** so far
- ⊕ **Share the Warmth** Campaign during winters – Collection and distribution of **38.5 lakh+ pcs** among the destitute and elderly since the year 2010
- ⊕ **Employment Exchange** for Older Persons –**141,800+ retired elderly assisted** over the years

*... updated June 2025*



## AGEWELL INITIATIVES

### HEALTHCARE EQUIPMENT DISTRIBUTION AMONG DESTITUTE ELDERLY LIVING IN SLUMS



Agewell Foundation has been conducting healthcare equipment distribution drives to provide healthcare accessories to destitute elderly in the Slums of Delhi & NCR for 16 years. During the year under review, Agewell volunteers identified 45000+ destitute & elderly as prospective beneficiaries under the project.

Agewell Foundation organized camps in various localities as per the convenience of the beneficiaries in coordination with local volunteers and distributed free healthcare equipment to the destitute elderly.

Healthcare equipment distributed among the needy persons includes Wheelchairs, Walkers, Folding Cots, Walking sticks, Adult Diapers, etc.



Agewell Foundation has distributed **5100+ Wheelchairs, 3600+ Walkers, 275000+ Adult Diapers, 3700+ Folding Cots and other relief material** among the destitute elderly across Delhi/NCR under Free Healthcare Equipment Distribution Camps during the year 2024-25.



Distribution of Wheelchairs and Adult Diapers among destitute elderly campaign was also supported by various PSUs and corporates like Sumitomo Mitsui Corporation Bank, Honasa Consumer Limited Adobe, Abhay Dan Trust, Vijay Sales India, FC TecNrgy Pvt Ltd. SingleStore India, etc.

## DISTRIBUTION OF FREE FOOD RATION PACKETS AMONG DESTITUTE ELDERLY LIVING IN SLUMS

Agewell Foundation has conducted Free Food Packets Distribution camps to provide food rations to destitute elderly living in Slums of Delhi & NCR. During the year under review, Agewell volunteers identified over 6000 destitute & elderly people under the project.

Agewell Foundation organized camps in various localities in coordination with local volunteers and distributed free food packets (containing Daliya, Rice, Pulses, Edible Oil, Sattu/Gur, Sugar, Masale, Tea, Biscuits, Besan, Suji, etc.) to destitute older persons living in BPL (below poverty line) families.

Agewell Foundation has distributed over **14500 Food Ration Packets** among destitute elderly across Delhi/NCR under the project during the year 2024-25.



Food Packets

Distribution campaign was supported by various corporate sector companies and individual donors during the year.

## DISTRIBUTION OF NUTRI KITS, WELLNESS KITS & GIFT PACKS AMONG DESTITUTE ELDERLY

In view of the miserable living conditions and poor health situation of the elderly, particularly due to poverty, Agewell Foundation continued distribution of the Nutri Kits, Wellness Kits, and Gift Packs among destitute and needy elderly as per their requirements;

- ⊕ **Agewell Nutri Kit** (containing Daliya, Sattu, Electrol Powder, Esabgol, Glucon-D, Nutrila, Fruit Juice, Threptin Biscuits, Chyavanprash, etc.)
- ⊕ **Agewell Wellness Kit** (containing Sanitizer, Hand wash, Toilet Soap, Tooth Powder, Vaseline, Soframycin Tube, Burnol, crepe Bandage, Dettol, Cotton, Nail Cutter, Comb, Face Towel, Hair Oil, etc.)
- ⊕ **Agewell Gift Pack** (containing Sarees- Petticoat-Blouse for women / Kurta-Pajama for men, Chappal, Gamchha/Chunni, Hair Oil, Comb, Surf Pack, Bathing & Washing soaps, etc.)

Agewell Foundation has distributed **2400+ Nutri Kits, 1800+ Wellness Kits and 1200+ Gift Packs** among destitute elderly across Delhi/NCR under the project during the year 2024-25.



## AGEWELL - HELPLINE FOR OLDER PERSONS

Agewell Foundation aims to disabuse the popular mindset that regards old age with a sense of pity for their helplessness. Replacing it with an attitude of confidence, fostering respect for them and encouraging fortitude in them. And bringing a little certainty, even fun, into their lives. A network of thousands of volunteers is already at work in given areas. They are constantly alert to attend to matters of medical or emotional nature, affairs to do with security, as well as legal and financial advice. They are spread across 768 districts of India so that no cry for help goes unanswered. **Agewell extends a helping hand to over 25,000 people daily across India.**

### ***Objective and methodology of the Agewell Helpline:***

- ⊕ To identify and assist the needy. Understand their specific requirements, immediate as well as in long-term.
- ⊕ Assist them in identifying and availing the best possible offerings as per their needs from all other voluntary organizations, NGOs, Govt. bodies and international organisations.
- ⊕ Counsel them. Help them rebuild themselves. Rekindle the self-confidence.
- ⊕ Assess the impact of disaster on individual life and families.
- ⊕ Organize counseling and community participation activities

Agewell Helpline for Older Persons also works as a bridge between the assistance seekers and the assistance providers.



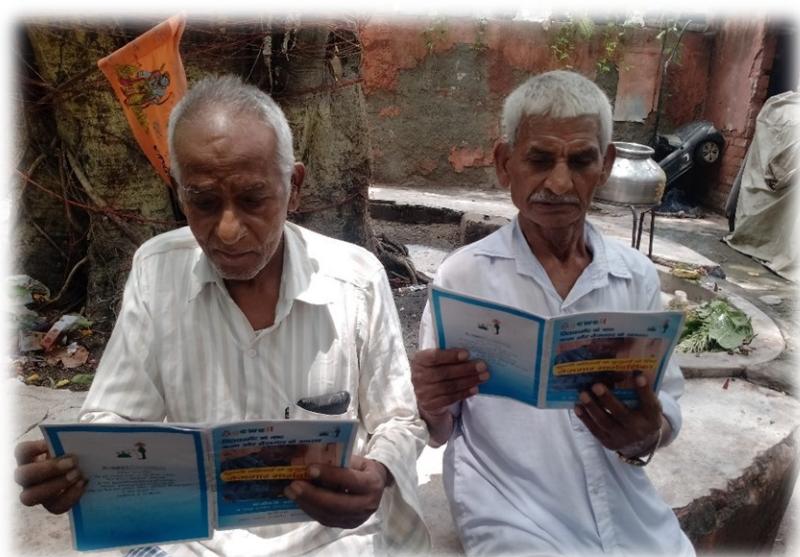
## AGEWELL - RESEARCH & ADVOCACY CENTRE (FOR NEEDS & RIGHTS OF OLDER PERSONS)

The Agewell Centre for Ageing is committed to bringing in a dynamic change for the Older Persons in terms of social participation & integration, economic security, macro societal change and development, healthy ageing, enhancing the physical and mental quality of life and ushering in care systems in diverse cultural, socio-economic and environmental situations.

The research agenda includes studies in policy-related areas of ageing where the findings may have practical and realistic application. Agewell undertakes advocacy on issues of concern for the welfare of the elderly with the government, national and international agencies, elected representatives, e.g., parliamentarians, bureaucrats, political parties, business, industry and other structures of power & media at all levels.

Agewell attempts to initiate more extensive and comprehensive studies on the Older Persons, so that emerging needs, problems and rights of the older persons could be identified, understood & analysed in a completely changed socio-economic scenario, drawing a roadmap for the empowerment of older persons.

Over the years, Agewell Foundation has also participated in all sessions of the **United Nations Open-Ended Working Group on Ageing** and submitted its representations/study reports from time to time. In addition, it has also represented older persons of the country at various other international/united Nations forums.



Study reports submitted to the United Nations by Agewell Foundation are also available on the United Nations website <https://social.un.org/ageing-working-group/thirteenthsession.shtml>

**Agewell has conducted over 50 research studies over the years.** During the year under report, Agewell Foundation has conducted the following surveys/research studies;

## Status of Accessibility and Infrastructure in India With Special Focus on Participation of Older People in Public Life and Decision-Making

May 2024

To coincide with the **14th working session of the Open-ended Working Group on Ageing**, held at the **United Nations Headquarters, New York, USA**, Agewell Foundation conducted a National-level Study, titled "**Status of Accessibility and Infrastructure in India with Special Focus on Participation of Older People in Public Life and Decision-Making**" during April 2024.

The study is now also available on the United Nations' conference website <https://social.un.org/ageing-working-group/fourteenthsession.shtml> under **Documents submitted by NGOs**. Click this link to view the detailed report - <https://social.un.org/ageing-working-group/documents/fourteenth%20session/Documents%20submitted%20by%20NGO%20-%20Agewell%20Foundation.pdf>.



The study reveals that the current status of Accessibility, Infrastructure, and participation in public life of older persons in India is not quite satisfactory and older persons have very limited roles in decision-making processes at almost all levels. During the survey, 10,000 older persons across India were interacted with by Agewell volunteers.

**Salient findings of the Study include the following;**

### **Healthcare infrastructure**

- Among the total respondents, 24.6% of the elderly said that the status of healthcare Centers and services in their areas is poor.
- The percentage was quite higher in rural areas, where 39% of the elderly were not happy with the situation of healthcare facilities and services.

- ⊕ In urban areas, 11.7% of elderly respondents accepted that the condition of healthcare infrastructure is critical in their area.
- ⊕ 35.6% of elderly respondents said that the current status is average in their opinion.
- ⊕ 24.1% of elderly respondents termed the current status of healthcare infrastructure as good
- ⊕ only 13.3% of elderly respondents (6.3% in rural areas and 19.6% in urban areas) were fully satisfied with the status of current healthcare infrastructure for older persons
- ⊕ Poor healthcare infrastructure is a major hurdle to accessing healthcare in old age itself according to 23.5% of elderly respondents.
- ⊕ Higher healthcare costs is a major constraint to accessing the healthcare infrastructure according to 20.2% of elderly respondents (23.17% rural and 17% urban elderly).

## Transport infrastructure

- ⊕ 27.1.5% of elderly respondents (32.5% rural elderly respondents and 22.2 urban elderly respondents) think that transport infrastructure is poor or very poor.
- ⊕ 22.2 % of older persons who interacted during the survey said that the status of existing transport infrastructure is average.

# The South Asian Times

excellence in journalism

Vol.17 | Issue 41 | February 8-14, 2025

New York Edition

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ELDERLY CARE

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## Senior-friendly infrastructure: Growing need of the hour

To ensure the continued participation of seniors in different strata of life, it is crucial to create environments that support their independence, health, and well-being.

By Himanshu Rath

In a rapidly changing world, where populations are aging at an unprecedented rate, the need for senior-friendly environments has become a critical issue across the globe. Undoubtedly, seniors are not only rich sources of knowledge, experience, and wisdom but also a treasure trove of financial resources and political power. Their contribution to the economy, industry, society, and politics is indispensable, especially as they often struggle for due recognition in mainstream society.

Older people have long been a pillar of strength in society. As a result of their vast life experience, they provide invaluable perspectives that guide decision-making across various sectors, from family to business governance and even technology. Beyond their intellectual contributions, seniors contribute financially to the economy by creating jobs, contributing to pension funds, or investing in industries that employ younger generations. Studies indicate that the global spending power of older people has grown significantly in recent decades. In the US alone, seniors' spending power was estimated at around \$8.3 trillion in 2020.

### Struggles for participation in mainstream society

Despite the numerous challenges they often face, elderly people bring to society their unique perspective from fully participating in mainstream life due to age-related challenges. The primary barrier for many seniors is inadequate infrastructure, which hinders their ability to engage in daily activities and social interactions. The design of many urban spaces, transportation systems, and even residential communities often prioritizes the needs of younger, more able-bodied individuals, leaving seniors to struggle with mobility issues, healthcare access, and social isolation.

In many parts of the world, the rate of aging is increasing rapidly, with more people living longer than ever before. According to the World Health Organization (WHO), the global population aged 60 years and older is expected to double by 2050, reaching approximately 2.1 billion people. This demographic shift poses significant challenges in terms of providing adequate support and ensuring that older people can continue to live fulfilling lives, free from unnecessary burdens.

**Senior-friendly infrastructure in South Asian countries and around the world**

While many high-income countries have begun to prioritize senior-friendly infrastructure, the same cannot be said for many South Asian nations and developing

regions, where a combination of economic constraints and a lack of awareness of the elderly's needs results in insufficient accommodations for this growing demographic.

In South Asian countries like India, Pakistan, Bangladesh, and Sri Lanka, there are some of the fastest-growing elderly populations globally. In India alone, the elderly population is expected to reach 173 million by 2050. However, the region faces significant gaps in terms of senior-friendly infrastructure. In rural areas, healthcare access remains a challenge, and social isolation is widespread due to traditional familial structures breaking down and the migration of younger people to urban centers in search of work.

In countries like Japan, South Korea, and Singapore, senior-friendly infrastructure has been integrated into public policy and urban planning. These countries have taken proactive steps, such as the introduction of elderly-friendly public transport systems, elderly-friendly housing projects, and community engagement programs that ensure seniors are an active part of social life.

### Current scenario

The health infrastructure, particularly in low- and medium-income countries, often falls short of addressing the specialized needs of older people. The aging process comes with a variety of health issues, including chronic diseases such as hypertension, diabetes, arthritis, and dementia.

Social isolation, a growing concern in many countries, is compounded by inadequate infrastructure for recreation, community engagement, and leisure activities tailored to seniors' needs. The legal infrastructure, too, is often not sufficiently designed to protect seniors' rights. Many older people are subject to abuse, whether physical, emotional, or financial.

Laws surrounding pension, inheritance, and property rights are often inadequate or unclear, leaving seniors vulnerable to exploitation and discrimination.

Economically, the situation is even more dire. In some parts of the world, including many South Asian countries, older people continue to face economic hardships, particularly in the absence of formal pension systems or retirement savings.

**Why seniors need a friendly environment**

Ecologically, the situation is even more dire. In some parts of the world, including many South Asian countries, older people continue to face economic hardships, particularly in the absence of formal pension systems or retirement savings.

**Senior-friendly infrastructure**

Senior-friendly infrastructure is crucial for the continued participation of seniors in different strata of life. It is essential to create environments that support their independence, health, and well-being.



Seniors often face mobility difficulties due to inadequate public transportation, and poor road conditions.

(Photo courtesy: Freepik)

**environment**  
To ensure the continued participation of seniors in different strata of life, it is crucial to create environments that support their independence, health, and well-being.

**Legal protection**  
A senior-friendly environment includes a robust legal framework that safeguards seniors' rights and protects them from abuse and exploitation.

### Challenges of inadequate infrastructure

The challenges posed by poor infrastructure are multifaceted. Seniors often face mobility difficulties due to inadequate public transportation, poor road conditions, and a lack of senior-friendly facilities in public spaces.

In many places, healthcare infrastructure is not geared toward the needs of older people, and services for seniors are often limited. Social isolation is another significant issue, particularly for seniors who live alone or are far removed from extended family members. Financial insecurity due to a lack of pension or retirement savings also adds to the pressure on older individuals.

### Advocate for the rights of seniors

Advocate for the rights of seniors and provide critical support in areas such as elder abuse prevention, social inclusion, and financial literacy.

**Challenges of inadequate infrastructure**  
The challenges posed by poor infrastructure are multifaceted. Seniors often face mobility difficulties due to inadequate public transportation, poor road conditions, and a lack of senior-friendly facilities in public spaces.

**Creating senior-friendly environments**  
Creating senior-friendly environments, both in terms of infrastructure and social participation, is essential for ensuring that older people can continue to live and contribute to the world around them. By addressing the gaps in health, social, legal, and economic infrastructure, societies can ensure that older people remain active participants in all aspects of life.

Governments, communities, and individuals must work together to foster an environment where seniors can live independently, with dignity and respect, contributing to the growth and development of society as a whole.



Himanshu Rath is the founder of Agewell Foundation, a not-for-profit organization working for the welfare and empowerment of the elderly in India.

**⊕ Socio-economic infrastructure**

- ⊕ 26% of elderly respondents reportedly said that the level of existing socio-economic infrastructure is poor or very poor. According to every third of elderly respondents (33.5%) it is average.
- ⊕ 82.4% of digitally illiterate respondents reportedly claimed that they consider themselves as a marginalized and underprivileged lot of society in new settings, which is governed by modern IT and the internet.

**Participation of older persons in public life**

- ⊕ Approx. 21.9% of respondents said that they were somewhat dissatisfied while 20.5% said that they were fully dissatisfied with the existing level of elderly participation
- ⊕ Interestingly, it was also revealed that 80.1% of the older person respondents (81.5% male and 78.4% female) cast their votes during the last elections
- ⊕ Gainful engagement opportunities in old age are the most popular measure according to 54.1% of respondents

**Agewell Foundation's recommendations, based on survey findings and observations**

- ⊕ Develop and create older persons-friendly infrastructure in the country, be it healthcare, transport, socio-economic, or digital to facilitate their access and participation in the mainstream.
- ⊕ Special focus should be given to dedicated healthcare services for older persons
- ⊕ Explore gainful engagement creating opportunities for retired older people
- ⊕ Create an older persons-friendly environment in the country to ensure better access to transport, communication, and other support services in old age
- ⊕ To promote the participation of older persons in mainstream activities and increase their role in decision-making processes at different levels

**Media Reports about the study**

- <https://thesouthasiantimes.info/lifestyle/news/Senior-friendly-infrastructure-Growing-need-of-the-hour/3034>
- <https://www.medicalbuyer.co.in/financial-constraints-force-50-indian-elderly-to-skip-hospital-doctor/>

# Study on Solo Ageing

## With Special Focus on

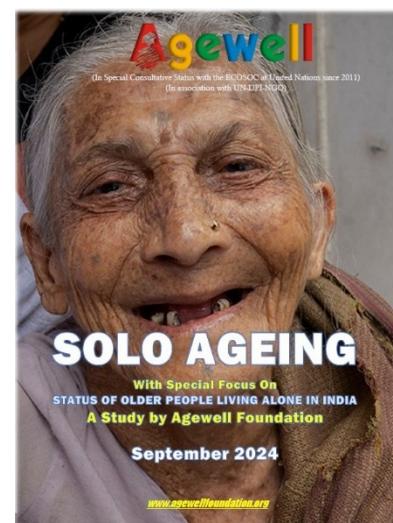
### the Status of Older People living alone

### September 2024

To coincide with the **International Day of Older Persons, 1st October 2024**, Agewell Foundation has carried out a ***Study on Solo Ageing with Special Focus on the Status of Older People living alone***. A survey was conducted among 10,000 older persons with support from Agewell volunteers spread across the country during September 2024.

**Major findings and recommendations of the study are as under-**

- During the study, 14.3% of elderly respondents (13.4% in rural areas and 15% in urban areas) were found living alone
- Among all elderly respondents, who were living alone, 41.9% (46.5% of elderly women) reportedly said that they have been living alone for more than 5 years
- Over 31% of elderly respondents claimed that people prefer to live alone in old age for independence (financially/socially)
- 26.7% of respondents said that they have to live alone due to fast-changing socio-economic scenarios i.e. migration of younger generations, the popularity of nuclear families, etc.
- 21.5% of elderly respondents, older persons go for solo aging for the sake of privacy/personal space in old age.
- Approx. 57% of elderly respondents claimed that financial independence is very significant/significant for them
- 10.4% of respondents admitted that they always feel lonely while 21.2% of elderly respondents claimed that they often feel lonely and most of the elderly respondents i.e. 35.2% accepted that they feel loneliness sometimes.
- Almost every 10<sup>th</sup> elderly, who are living with other family members, face isolation within the family almost daily.



- ⊕ **Approx. 79.4% of old people value the role of emotions in old age. 23.2% of respondents said that emotions have an extremely important place in life**
- ⊕ 28.6% of elderly respondents admitted that the attitude of younger people towards their elderly members is positive or very positive.
- ⊕ **More than half (57%) of elderly respondents reportedly accepted that the perception of solo aging is becoming more common in society.**
- ⊕ More than half of respondents i.e. 51.3% of elderly respondents claimed that the concept of solo ageing impacted society negatively.

**Further, a study on Older Persons Living Alone in Old Age also indicates that -**

- ⊕ 39% of respondents (541 respondents out of 1434 elderly respondents), maintaining physical health is the biggest challenge for them.
- ⊕ Almost 1/4 of elderly respondents admitted that the role of the mind in solo ageing is very important.
- ⊕ According to 35.6% of old people, who were living alone, admitted that the most important advantage of living alone is Enjoying Privacy.
- ⊕ Most of the respondents (57.3%) agreed that they feel more independent living alone.

***Based on observations and study findings following are some recommendations;***

- ⊕ Develop programs to address the emotional well-being of older persons
- ⊕ Enhance healthcare services tailored to older persons, particularly those living alone,
- ⊕ Create gainful engagement and occupational activities for older persons
- ⊕ Advocate for laws that ensure elder protection and financial security
- ⊕ Create networks of volunteers and professional caregivers for people living alone
- ⊕ Utilize technology to enhance the quality of life in old age
- ⊕ Create and improve elderly-friendly transportation infrastructure to access healthcare

**Elderly Population In India Shifting Towards Solo Ageing, Reveals Study**

Conducted in September to coincide with the International Day of Older Persons on October 1, the study by Agewell Foundation titled 'Study on Solo Aging with Special Focus on the Status of Older People Living Alone' surveyed 10,000 elderly individuals across rural and urban areas.

India News | Press Trust of India | Updated: September 30, 2024 6:17 pm IST

**TRENDING**

- 'Collected Bodies For 3 Days': 600 Massacred Within Hours In This Country
- Amethi Murders Could Be Result Of Relationship Gone Sour: Cops
- 'Hit Iran's Nuclear Sites First': Donald Trump's Advice To Israel
- More Israeli Strikes Pound Beirut After Fresh Warning From Iran: 10 Points
- On Shami Meeting Daughter, Estranged Wife Hasin Jahan Says, 'He Didn't..'
- Haryana Votes Today, 22.7% Turnout Recorded Till 11 am: 10 Points

**SHOPPING**

Over 31% of elderly respondents stated that people opt to live alone for independence

- Conduct sensitization programs at school levels to sensitize younger students towards their elderly family members

The screenshot shows a news article from GNT (Gujarati News Today) in Hindi. The headline reads: "Solo Ageing: बुढ़ापे में अकेले रहना चुन रहे हैं बुजुर्ग, लोगों में बढ़ रहा सोलो एजिंग का ट्रेंड, क्या है ये?". The subtext below the headline discusses the trend of solo ageing among the elderly in India, mentioning that 46.9% of seniors prefer to live alone, while 41.5% live with their children.

- Encourage participation of older persons in mainstream activities

### Media Reports about the study

- <https://www.ptinews.com/story/national/study-reveals-growing-trend-of-solo-ageing-among-elderly-in-india/1862505>
- <https://www.ndtv.com/india-news/elderly-population-in-india-shifting-towards-solo-ageing-reveals-study-6684821>
- <https://theprint.in/india/study-reveals-growing-trend-of-solo-ageing-among-elderly-in-india/2290583/>
- <https://www.outlookbusiness.com/magazine/how-older-indians-are-creating-an-economy-of-their-own>
- <https://retirement.outlookindia.com/retirement/news/solo-ageing-a-boon-or-bane-agewell-study-uncovers-interesting-facts?botrequest=true>
- <https://www.deccanchronicle.com/lifestyle/health-and-well-being/study-reveals-growing-trend-of-solo-ageing-among-elderly-in-india-1827561>
- <https://english.udayavani.com/article/english-news/study-reveals-growing-trend-of-solo-ageing-among-elderly-in-india/1711940>
- <https://thehillstimes.in/national/study-reveals-growing-trend-of-solo-ageing-among-elderly-in-india>

### Hindi

- <https://www.amarujala.com/india-news/agewell-foundation-survey-15-percent-of-elderly-people-in-india-living-lonely-lives-2024-10-01>
- <https://www.gnttv.com/science/story/what-is-solo-ageing-trend-in-senior-citizens-agewell-foundation-new-research-1101004-2024-10-02>

## Submission of Representations to Concerned Authorities - during Budget 2025

During the Union Budget preparation, Agewell Foundation submitted representations to several concerned stakeholders, opinion makers and opinion leaders with an appeal to include older people-friendly provisions in the budget.

### **Media coverage about our initiatives is as under: -**

- <https://www.ptinews.com/story/business/in-letter-to-sitharaman-ngo-seeks-prioritising-elderly-welfare-in-union-budget/2241703>
- <https://timesofindia.indiatimes.com/india/in-letter-to-sitharaman-ngo-seeks-prioritising-elderly-welfare-in-union-budget/articleshow/117629422.cms>
- <https://economictimes.indiatimes.com/news/economy/policy/budget-2025-in-letter-to-sitharaman-ngo-seeks-prioritising-elderly-welfare/articleshow/117629429.cms?from=mdr>
- <https://indianexpress.com/article/business/budget-session-2025-to-commence-on-january-31-9801439/>
- <https://www.newsdrum.in/business/in-letter-to-sitharaman-ngo-seeks-prioritising-elderly-welfare-in-union-budget-8661070>
- <https://upstox.com/news/business-news/latest-updates/budget-2025-expectations-live-gst-update-income-tax-relief-incentives-expected-fm-nirmala-sitharaman-speech-on-feb-1-2025/liveblog-142720/>
- <https://www.mid-day.com/mumbai/mumbai-news/article/budget-2025-session-begins-on-friday-with-president-s-address-23473527>

### **Hindi**

- <https://hindi.theprint.in/india/in-a-letter-to-sitharaman-the-ngo-demanded-priority-for-elderly-welfare-in-the-union-budget/779744/>
- <https://hindi.moneycontrol.com/budget/budget-2025-live-fm-nirmala-sitharaman-income-tax-relief-gst-infra-manufacturing-rise-investment-startups-liveblog-1953516.html>
- <https://navbharattimes.indiatimes.com/business/budget/budget-news/budget-2025-expectations-live-updates-on-income-tax-relief-salaried-employees-real-estate-automobile-railways-defence/liveblog/117595826.cms>
- [Budget 2025: केंद्रीय बजट में कितनी बढ़ी होगी सब्सिडी की चुनौती, कहां से जुगाड़ करेगी सरकार? | Budget 2025: Addressing the Challenge of Growing Subsidies - Hindi Oneindia](https://www.oneindia.com/budget-2025-kendriya-bharti-me-kitaani-bharti-hogni-sabki-kari-chonati-kahan-se-jugaad-karegi-sarkar-Budget-2025-Addressing-the-Challenge-of-Growing-Subsidies-Hindi-117595826.cms)

## AGEWELL “SHARE THE WARMTH” CAMPAIGN

### A WINTER INITIATIVE FOR THE DESTITUTE & ELDERLY



Agewell Foundation conducted the “Share the Warmth” campaign to ensure no needy & destitute old person is deprived of warmth in Delhi-NCR during the year. Agewell has been conducting this campaign since 2010.

During the year 2024-25 the campaign was conducted from November 2024 to February 2025. Agewell conducted the process of mobilizing donations & collection of old/used woolens from across Delhi & NCR & distribution of woolens amongst poor & needy older persons.

Agewell Foundation set up Collection Points at prominent locations, posh colonies, Clubs, Residents Welfare Associations, Corporate offices across Delhi NCR. Hundreds of Agewell volunteers spread across Delhi & NCR dedicated their time & efforts to make this initiative a great success.



Under the campaign, over 1.35 lac pieces of woolens, etc collected and

distributed amongst over 75,000 destitute and older people through distribution camps set up by volunteers across Delhi-NCR.

Major supporters of the campaign were Blessings Clinic, India Habitat Centre, GAIL India, IMT Ghaziabad, Amity University, Sumitomo Mitsui Banking Corporation, Tower Vision, ITC Limited, etc.



## AGEWELL EMPLOYMENT EXCHANGE FOR OLDER PERSMS

Old age notwithstanding, there are goals to achieve. Agewell strongly subscribes to that view and sees a tremendous opportunity in gainful re-employment. Indeed, many jobs could well use their skills and expertise, and of course, their years of experience. Agewell attempts to bring the opportunity seekers and providers together.

- An Intergenerational Initiative, as a gainful engagement for retired older persons Community involvement and to pursue opportunities for complete development of their potential



- Launched Eklavya Scheme (Home Tutors & Easy Accounts schemes).

Agewell Employment Exchange for Older Persons received over 1200 calls/visits from older persons during the year 2024-25.

## DIGITAL LITERACY PROGRAM FOR OLDER PERSONS (In Delhi & NCR)

With the increasing role of modern communication and information technology in day-to-day life, digitally illiterate individuals (particularly 55+) find themselves totally lost and find it difficult to remain in the mainstream. In view of the gravity of the situation, there is an urgent need to bridge the knowledge and intergenerational gap in society.

Agewell Foundation has been conducting the Digital Literacy Program for Old People since April 2016 in Delhi-NCR to empower them and make them computer literate, so that they can adjust themselves in modern fast fast-paced life and lead a more comfortable and respectable life in old age. The program is bringing a qualitative change in the lives of elderly and helping in bridging the generation gap and bringing generations together.

Over 21000 digitally illiterate older persons have benefited from the program during the year.



**The Ratan Tata Endowment Foundation** also supported the project during the year.

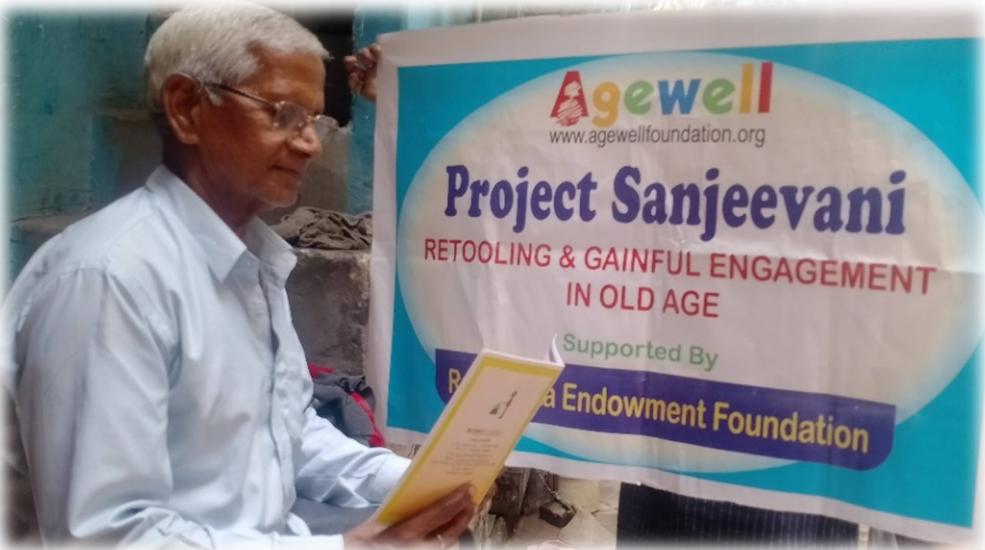
## Project Sanjeevani

### Retooling & Gainful Engagement In Old Age

### With Special Focus On Employment Generation

Gainful re-employment in old age is a matter of deep concern for many. Some seek it because they remain active despite retirement; others need it to fulfill unfinished responsibilities. For many, it is simply a question of survival, while others pursue it to stay meaningfully engaged. In today's changing socio-economic circumstances, older persons can no longer rely solely on their families or society for support when it comes to gainful engagement.

Drawing on its vast experience and insights, Agewell launched the **Project Sanjeevani—an initiative for the Retooling and Gainful Engagement of Retired Persons**. The project provides retooling and soft skills training to help retired individuals adapt to new opportunities. It also explores avenues for re-employment and other forms of productive engagement for the ever-growing population of retirees. Through this initiative, needy older persons are trained to become both financially independent and socially self-reliant.



During the year under review, special emphasis was placed on supporting elderly individuals from disadvantaged sections of society. The project was initiated in collaboration with the **Ratan Tata Endowment Foundation during the last quarter of 2024-25**.

## AGEWELL SQUALOR TO SCHOLAR PROJECT (For Supporting School Education Of Children Living In Slums)

During the year 2024-25 Agewell Foundation has continued Agewell Squalor to Scholar Project with the objective to support school education of children belonging to poor families living in slum clusters of Faridabad in the state of Haryana with support from Squalor to Scholar Inc., USA.

Under the project the Foundation is supporting expenses like school fees, uniforms, books and stationery, tuition, transportation expenses, medicines, etc. of children from disadvantaged families. The program is being monitored and coordinated by experienced and retired older persons. Under the project 175 children have been supported.



## UNITED NATIONS / INTERNATIONAL DEVELOPMENTS During The Year

### The 14<sup>th</sup> Session of OEWGA, May 2024

The **Fourteenth Session** of the Working Group held at the United Nations Headquarters in New York during May 2024



Agewell Foundation was invited by the NGO branch of the United Nations Department of Economic & Social Affairs to participate as a Panelist in the **14th working session of the Open-ended Working Group on Ageing**.

To coincide with the event, Agewell Foundation conducted a National-level Study titled "**Status of Accessibility and Infrastructure in India with Special Focus On Participation of Older People in Public Life and Decision-Making**" during April 2024.

**Demanding  
a UN Convention on Aging:  
Ensuring Accessibility,  
Infrastructure, and  
Participation**

A PRESENTATION BY:  
HIMANSHU RATH, FOUNDER CHAIRMAN  
AGEWELL FOUNDATION  
In Special Consultative Status with the ECOSOC at United Nations since 2011



- ⊕ The study is now also available on the United Nations' conference website <https://social.un.org/ageing-working-group/fourteenthsession.shtml> under **Documents submitted by NGOs**.
- ⊕ **Link to view the detailed report** - <https://social.un.org/ageing-working-group/documents/fourteenth%20session/Documents%20submitted%20by%20NGO%20-%20Agewell%20Foundation.pdf>. The study report is also enclosed for your reference and information.

## PROPOSED INITIATIVES OF AGEWELL FOUNDATION

- ↳ Empowerment, Skill Development and Income Security of Elderly in Old Age - to empower older persons & make them financially secure through Entrepreneurship & Skill training programs, so that they could lead a better, comfortable and self-reliant life in old age.
- ↳ "I AM RESPONSIBLE!" - An Outreach Program To Sensitise School Children Towards Older Persons
- ↳ Agewell Interaction Centre for Older Persons - to provide an opportunity for older people to interact with like-minded people in old age.
- ↳ SAHYOG - Old Age Psychological Trauma Centre - Equipped with qualified psychiatrists, doctors, counselors and trained attendantsassistants.
- ↳ Self-Reliance In Old Age (A series of interactions with Older Persons and their Care-Givers) - to organise a Series of Interactions with Older Persons and their Care-Givers
- ↳ Old Age And Disability – An Outreach Initiative- to identify and assist the disabled older persons, prepare the disabled for Old Age, protect people from Old Age related disabilities
- ↳ Older Persons In Prison And Asylums – An Assessment Study - to undertake a survey to understand their needs; older persons have, when they are in prisons.
- ↳ Senior Citizen Discount Card (Post-Retirement benefits) - to set up a network of old age-related services, products and facilities to help retired older persons with timely and effective help in times of need.
- ↳ Setting up **Agewell Consortium for Senior Artisans of Handicraft to help senior artisans** - to assist senior artisans by ensuring profitable participation of NGOs/SHGs at national and international exhibitions and marketing of exclusive handmade products/artefacts.
- ↳ Securing Old Age - To create awareness about financial security in old age among retired, soon-to-be retired, and older persons and to advocate for the financial needs & rights of older persons.
- ↳ Healthcare Training for bedridden older persons and their caregivers
- ↳ Agewell Share A Smile With Your Elders – School Contact Programme

## MAJOR SPONSORS / SUPPORTERS DURING THE YEAR



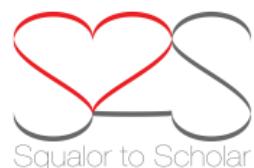
**Adobe**



Nobel Hygiene



benevity



THE UK ONLINE  
GIVING FOUNDATION



**DONATEKART**

**Ratan Tata  
Endowment  
Foundation**



**vijay sales**

**ImpactGuru**

**Agewell Foundation**

**FINANCIALS**

**2024-25**



# Auditor's Report

## FORM NO. 10B

*[See rule 16CC and 17B]*

Audit report under clause (b) of the tenth proviso to clause (23C) of section 10 and sub-clause (ii) of clause (b) of subsection (1) of section 12A of the Income-tax Act, 1961, in the case of a fund or trust or institution or any university or other educational institution or any hospital or other medical institution.

We have examined the balance sheet of AGEWELL FOUNDATION [name of the fund or trust or institution or any university or other educational institution or any hospital or other medical institution] as at 31-Mar-2025 and the Income and Expenditure account or Profit and Loss account for the year ended on that date in agreement with the books of account maintained by the said fund or trust or institution or university or other educational institution of hospital or other medical institution.

We have obtained all the information and explanations to the best of our knowledge and belief which are necessary for the purposes of the audit.

In our opinion, proper books of account have been maintained at the registered office of the above named fund or trust or institution or university or other educational institution or hospital or other medical institution at the address mentioned at serial number 14 of the Annexure.

In our opinion and to the best of our information and according to explanations given to us, the particulars given in the Annexure are true and correct subject to following observations or qualifications:-

(a) a. In details given in Form No. 10B and annexures thereto are the responsibility of the management. Our responsibility is to express an opinion on the particulars given under the relevant clauses of the Form No. 10B and the annexures thereto based on our audit. We conducted our audit in accordance with auditing standards generally accepted in India. Those Standards require that we plan and perform the audit to obtain reasonable assurance about whether Form No. 10B and the annexure thereto are free of material misstatement. An audit includes examining on a test basis evidence supporting the amounts and disclosures in Form No. 10B and annexures thereto. An audit also includes assessing the accounting principles used and significant estimates made by the management as well as evaluating the overall (Form No. 10B) presentation. We believe that our audit provides a reasonable basis for our opinion.

b. In view of number of transactions & nature of business of the assessee, we are unable to confirm amounts given in Schedule TDS/TCS of Form 10B and have relied on the details available as per TDS/TCS returns.

In our opinion and to the best of our information, and according to information given to us, the said accounts give a true and fair view-

(i) in the case of the balance sheet of the state of affairs of the above named fund or trust or institution or university or other educational institution or hospital or other medical institution as on 31-Mar-2025; and

(ii) in the case of the Income and Expenditure account or Profit and Loss account, of the income and application or profit or loss of its accounting year ending on 31-Mar-2025.

Subject to the following observations/qualifications-

The prescribed particulars are annexed hereto.

Name of Chartered Accountant  
Membership Number  
Firm Registration Number  
Address  
IP Address  
Place



UDIN : 250 84690 Bm1W019218

Acknowledgement Number:521608800101125

# Balance Sheet

Agewell Foundation  
Balance Sheet as at 31st March 2025

		(Amount in Rs.)		
	Particulars	Note	31 March 2025	31 March 2024
<b>I</b>	<b>Sources of Funds</b>			
1	NPO Funds	3		
(a)	Unrestricted Funds		74,84,338	61,52,392
(b)	Restricted Funds		46,43,573	20,19,996
			1,21,27,911	81,72,388
2	<b>Non-current liabilities</b>	4		
(a)	Long-term borrowings		-	-
(b)	Other long-term liabilities			
(c)	Long-term provisions			
3	<b>Current liabilities</b>	4		
(a)	Short-term borrowings		-	78,591
(b)	Payables			
(c)	Other current liabilities			
(d)	Short-term provisions			
	<b>Total</b>			78,591
			<b>1,21,27,911</b>	<b>82,50,979</b>
<b>II</b>	<b>Application of Funds</b>			
1	<b>Non-current assets</b>			
(a)	Property, Plant and Equipment and Intangible assets	5		
(i)	Property, Plant and Equipment		12,76,434	26,76,804
(ii)	Intangible assets			
(iii)	Capital work in progress			
(iv)	Intangible asset under development			
(b)	Non-current investments			
(c)	Long Term Loans and Advances	6	1,91,135	1,99,135
(d)	Other non-current assets (specify nature)	7	25,000	25,000
			<b>14,92,569</b>	<b>29,00,939</b>
2	<b>Current assets</b>			
(a)	Current investments			
(b)	Inventories			
(c)	Receivables			
(d)	Cash and bank balances	8	1,06,35,274	53,49,574
(e)	Short Term Loans and Advances			
(f)	Other current assets	9	68	466
	<b>Total</b>			1,06,35,342
				<b>53,50,040</b>
			<b>1,21,27,911</b>	<b>82,50,979</b>
	Brief about the Entity	1		
	Summary of significant accounting policies	2		
	The accompanying notes are an integral part of the financial statements			

As per report of evandate attached

For A.K.Nair & Co  
Chartered Accountants  
FRN: 011075N

A.K. Nair  
Partner  
M.No. 084690

Place: New Delhi  
Date: 10/11/2025

UDIN: 25084690Bm1W019218

For Agewell Foundation

For Agewell Foundation For Agewell Foundation

Hemendra Rath

Trustee Chairman

Trustee

Aditya  
Trustee



# Income and Expenditure Account

Agewell Foundation  
Income and Expenditure for the year ended 31st March 2025

	Particulars	Note	31 March 2025			31 March 2024			(Amount in Rs.)
			Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total	
I	Income								
(a)	Donations and Grants	10	2,33,63,164	1,57,03,305	3,90,66,469	2,60,42,257	1,08,16,920	3,68,59,177	
(b)	Fees from Rendering of Services								
(c)	Sale of Goods								
II	Other Income	11	1,88,629		1,88,629	1,59,141		1,59,141	
III	Total Income (I+II)		2,35,51,793	1,57,03,305	3,92,55,098	2,62,01,398	1,08,16,920	3,70,18,318	
IV	Expenses:								
(a)	Material consumed/distributed								
(b)	Donations/contributions paid								
(c)	Employee benefits expense	12	7,25,286		7,25,286	12,41,443		12,41,443	
(d)	Depreciation and amortization expense	13	2,24,766		2,24,766	2,59,380		2,59,380	
(e)	Finance costs								
(f)	Other expenses	14	21,20,710		21,20,710	8,81,136		8,81,136	
(g)	Religion/charitable expenses		1,91,49,084	1,30,79,728	3,22,28,812	2,52,09,742	87,96,924	3,40,06,666	
(h)	Other Expenses (specify nature)								
	Total expenses		2,22,19,846	1,30,79,728	3,52,99,574	2,75,91,701	87,96,924	3,63,88,625	
V	Excess of Income over Expenditure for the year before exceptional and extraordinary items (III- IV)		13,31,947	26,23,577	39,55,524	-13,90,303	20,19,996	6,29,693	
VI	Exceptional items (specify nature & provide note/delete if none)								
VII	Excess of Income over Expenditure for the year before extraordinary items (V-VI)		13,31,947	26,23,577	39,55,524	-13,90,303	20,19,996	6,29,693	
VIII	Extraordinary Items (specify nature & provide note/delete if none)								
IX	Excess of Income over Expenditure for the year (VII-VIII)		13,31,947	26,23,577	39,55,524	-13,90,303	20,19,996	6,29,693	
	Appropriations Transfer to funds, e.g., Building fund								
	Transfer from funds								
	Balance transferred to General Fund								
	The accompanying notes are an integral part of the financial statements								

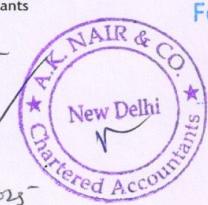
As per report of even date attached

For A.K.Nair & Co  
Chartered Accountants  
FRN: 011075N

A.K. Nair  
Partner  
M.No. 084690

Place: New Delhi  
Date: 10/11/2025

UDIN: 25084690BMINW019218



For Agewell Foundation

Hemanshu Rath  
Trustee Chairman

For Agewell Foundation

For Agewell Foundation

Trustee

Nancy  
Trustee



## Agewell Foundation

*(In Special Consultative Status with the ECOSOC at the United Nations since 2011)*  
*-Associated NGO Status with UN-DPI-NGO*

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+9111-29833565, 29830005

**agewellfoundation@gmail.com**

**www.agewellfoundation.org**

